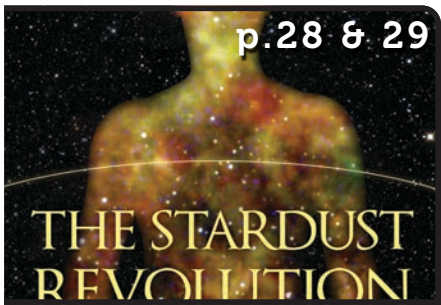


OCTOBER 2012

# the Hummer

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Arts,  
Entertainment  
& Ideas



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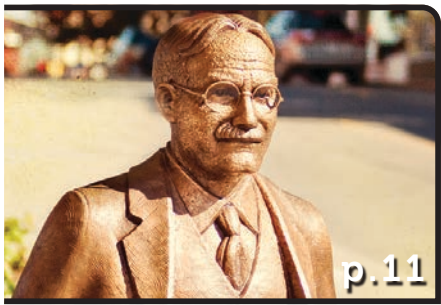
THE STARDUST  
REVOLUTION

October's Events



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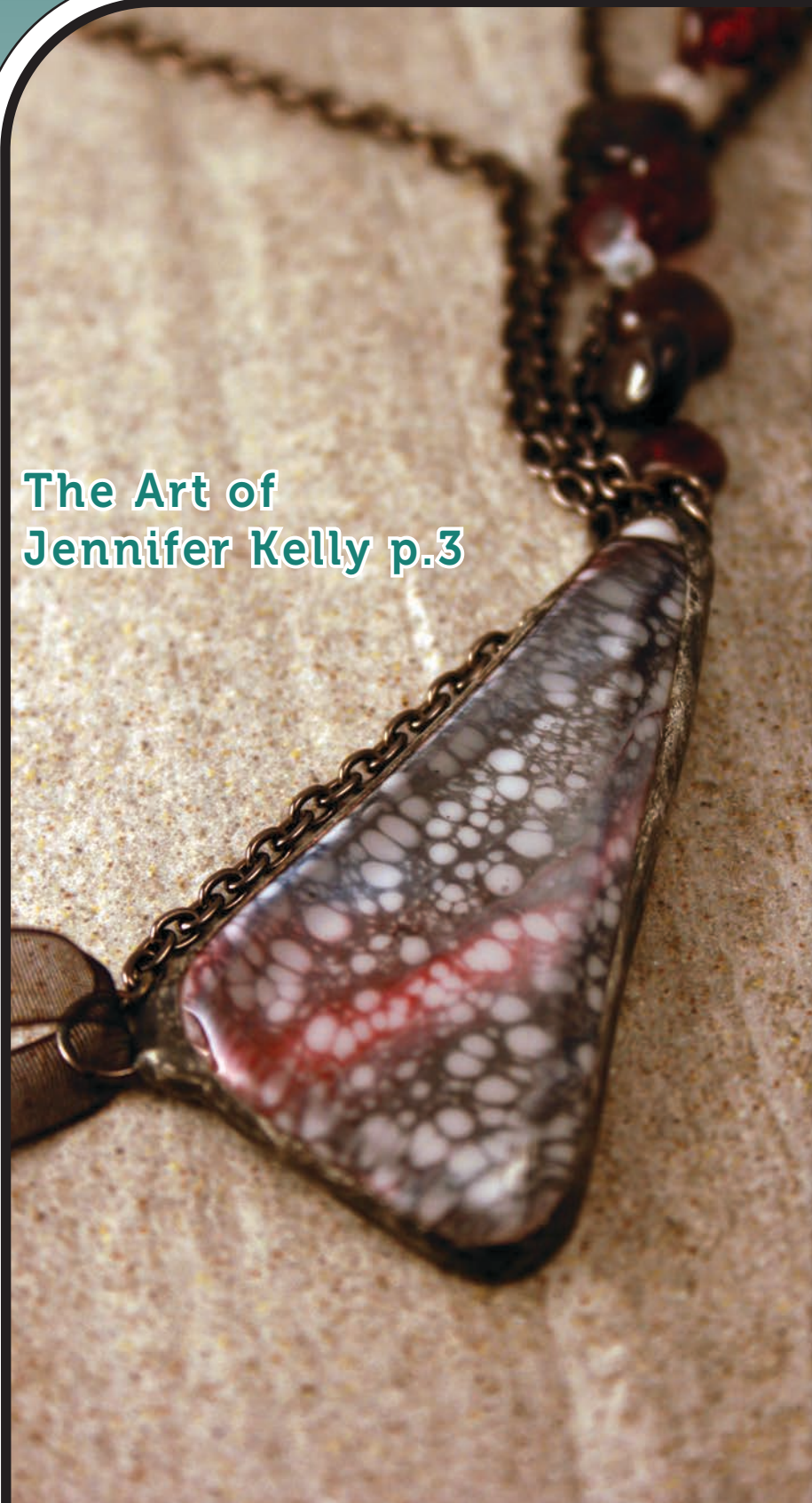
Sparks of Grace



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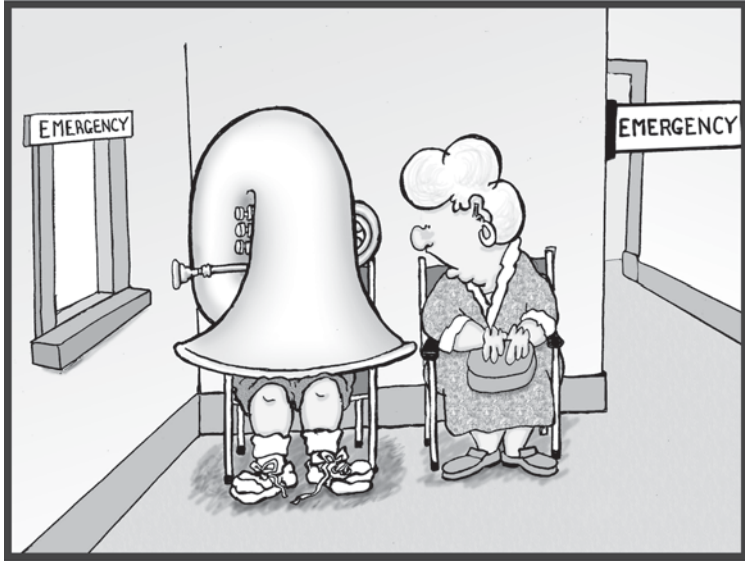
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**ARTBEAT**

by Bill Buttle



"So... figure out which valve is sticking, yet?"

Readers Write

**Here's to "Complete Streets"**

Both the town of Mississippi Mills and the County of Lanark should be commended for taking a "Complete Streets" approach to the redevelopment of County Road 16A from County Road 29 to the Old Town Hall, (Perth and Bridge Streets in Almonte).

Complete Streets are streets designed with all road users in mind — pedestrians, cyclists, and not just cars. Taking a Complete Streets approach to road design was one of a number of recommendations issued recently in the Cycling Death Review of the Ontario Provincial Coroner. The county will offer different options for this reconstruction including an option for a dedicated cycling lane along a portion of the reconstruction. I urge you to attend a public open house at the Town Office on October 4 from 5 to 7PM and voice your support for this option.

At a time when health agencies tell us that children need at least one hour a day of rigorous exercise and when senior pedestrians find it more and more difficult to walk our streets, it is refreshing to see options that embrace a healthier and safer lifestyle for our community. We've all seen the television commercial of the soccer mom who says her kids get enough exercise because they play soccer. It's time our kids can not only play soccer, but also arrive at their soccer matches safely and by bike.

— Jeff Mills, Cedar Hill

**Humble Thought**

Hold on, man. We don't go anywhere with

**SCARY, HAUNTED,**

or **FORBIDDEN**

in the title.

— Shaggy from Scooby-Doo



Who's Reading theHummm

Back in the fall of 2010 Shirley Orchard sent in this photo with the following explanation: "I went to Disney in California with my son and family in October to meet up with my daughter and her children. I had taken theHummm with me so that I could have a photo taken during the Halloween Parade but, unfortunately, my son decided to take it on his cell phone and you will see the result. Every thing that I am wearing came from The Hub where I am a volunteer, except for the gloves and earrings." We appreciate your efforts, Shirley!

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theHummm is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Lanark, Smiths Falls, Burnstown, White Lake, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley — where the arts flourish and entertaining characters run amok!

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**Thanks this month to:**

Earle Barber and Dagne Forrest from Foil Media <foilmedia.ca> for getting us all fired up about theHummm's website again. We can't wait to start transforming their concept map into virtuality!

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# Current Works of Glass by Jennifer Kelly

Working with glass is how Jennifer Kelly “fills her cup.” When she isn’t watching the current of the Mississippi River from her deck or her dock or her windows, Kelly’s favourite place is in her studio, going with the flow of creativity the river inspires. Fortunately that studio is well insulated, because she loves to accompany her favourite vocalists at full volume while she works.

by Sally Hansen

Glass has always been her chosen medium. She likens it to the river itself — bending and flowing around obstacles, and changing form and substance constantly. On her website at <currentworksofglass.com> she writes: “Watching the current in the river flow past my home gives me great joy. This feeling of movement and dream flows through most of my designs.”

Jennifer’s glass art designs are as varied and fluid as the river, ranging from large sculptural pieces for the garden to wall art and table pieces. In her own words, “The dance of light and glass is a reminder



of sunlight on water. My work tends to focus on optimism with a nod to the struggles of humans and nature... No two pieces are ever the same, as my creativity comes from my admiration for the unique and fresh.”

That creativity extends to experimentation with her medium. Kelly constructs intricate patterns from frit — opaque or transparent glass fragments in every hue that range in size from powder to coarse crystals. She even creates her own glass strings, noodles and rods by melting and shaping glass through a terracotta flowerpot attached to her kiln. This gives her greater control over matching and complementing colours. She uses the unique shapes, textures and colours she creates to “paint” on glass with glass. In other pieces she mixes media by incorporating photography, wood and metals.

The results are original and amazing. Many of her contemporary art pieces reflect the pleasure

she derives from nature. The Canadian landscape unfolds in dramatic swirls of colour captured within luminous glass, often featuring abstract trees, or sometimes just a few lines that evoke a familiar image. In a tribute to the view across the river from her waterfront home, she has created a wall piece titled “Twin Trees.” A close look at this collage of stained glass, fused glass, photography, mica, and copper reveals two trees growing together to form the image of one.

## Going with the Flow

A native Ottawan, Jennifer Kelly attended Carleton University intending to study psychology. A wonderful Shakespearean course with Elizabethan scholar and CBC Radio performing arts critic Charles Haines changed her mind, and she followed the family flow — studying literature instead. Her dad is a retired journalist and her sister is a writer. After university the job market was in a slump, and she and her mother opened “Act 2,” a consignment store in Kanata. When they decided to sell their second venture, a home design shop in Bells Corners, a new current swept her away. Their

real estate broker convinced her to become a realtor, and by 2010 Jennifer and her husband Patrick shared the award of Top Producing Team for Sutton Group Premier Real Estate.

Although she was really busy raising two kids and selling real estate, Kelly had always loved art and was looking for an outlet for her creative energies. When she took a course in stained glass in the early ‘90s, she realized she had found her medium and decided to go with the flow again. Making stained glass pieces led to further courses in glass art at Corning Glass Studio, and she has enjoyed the expertise of several renowned teachers and mentors. Last year she expanded her repertoire with a course in glass jewellery at Ottawa School of Art.

To satisfy her need for “instant gratification,” Kelly has created a substantial gallery of intriguing glass jewellery. Far from instant, the bracelets, pendants, rings and earrings are constructed from



intricate blendings of unique glass components with metal settings. This is how she describes one beautiful piece: “I will miss this bracelet when it leaves my studio. The glass is so original and impossible to duplicate. It is a white base fused with an organic pattern of red/rust/teal/grey. I fuse it in my kiln at high heat to create a smooth surface like a river stone. The base starts as raw brass that I print a design onto with ink and then etch. Then I hammer the bracelet into shape on my anvil and carefully file the edges smooth. Next I solder a copper disc to the brass that holds the glass gem, and I complete the piece by polishing the brass with a patina to add an aged character.”

## Navigating the Flow

Jennifer enthusiastically describes Patrick as “the world’s most supportive husband.” As her real estate partner, he enables her to carve out chunks of time to figure out how to “get what’s in my imagination onto glass.” She has three notebooks full of concept drawings, and is working on a ten-year artistic development plan that includes a trip next year to an esteemed glass school in Pittsburgh, PA. Her goal is to always remain an emerging artist — she never wants to be “finished” with her art. In my Humble opinion, she has absolutely no cause for concern.

The Kelly family is also a team when it comes to supporting the PFLAG organization. Jennifer is a co-chair of the Stittsville PFLAG chapter that supports, educates and provides resources to parents, families, friends and colleagues with questions or concerns regarding issues of sexual orientation and gender identity. She has created a poignant glass sculpture illuminating her quest to ensure that same-sex couples enjoy the same right to publicly express their affection for each other as heterosexual couples.

## Current Works of Glass

This Thanksgiving Weekend, October 6 to 8, you can get a stress-free head-start on your Christmas shopping during the annual **Crown and Pumpkin Studio Tour**. Jennifer Kelly’s eclectic and contemporary glass art and jewellery will be on exhibit at Studio 4b, located at Woolly Things Studio, 2763 Tatlock Road in Clayton. The website at <crowndpumpkin.com> provides a map and information to guide you to 17 locations featuring over 35 local artists. Jennifer also sells her distinctive glass jewellery online at <etsy.com/shop/currentworksofglass>, and you can view a great collection of both her art and jewellery at <currentworksofglass.com>. She can be reached by phone at 859-0100 and by email at <currentworksofglass@gmail.com>.




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WHO Jennifer Kelly

WHAT Glass Artist

WHERE Home Studio, Mississippi Mills, <currentworksofglass.com>, 859-0100, <currentworksofglass@gmail.com>; FAD Gallery, Bloomfield, ON

WHEN Thanksgiving Weekend, Oct. 6-8, Crown and Pumpkin Studio Tour, Studio 4b at Woolly Things Studio, 2763 Tatlock Rd., Clayton, <crownandpumpkin.com>

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# Musicians for Mutts

When word spread that the shelter that cares for the lost, abused and abandoned pets of Lanark County was in danger of having to close its doors, musicians of the Ottawa Valley came forward to raise their voices for a good cause.

**Lanark Animal Welfare Society (LAWS)** is a cause near to local songstress Kelly Prescott's heart, and she was the first to take up the call. Kelly has long been an advocate for the creatures who can't speak for themselves, and has been taking in strays and rescue animals for most of her life. Kelly hails from the Prescott-Brown clan in Clayton, a family almost as famous for its compassion to animals as it is for its tradition of great Valley music. They have nine pets amongst them. Toots, a rescue cat from LAWS, incites a hearty laugh from Kelly, who affectionately calls this favoured pet "one ugly-duckling of a cat." An abused fighting dog that followed the family on a recent trip to Barbados found himself on a plane to the Clayton homestead, where he now resides under the name of Louven.

Kelly's enthusiasm for LAWS is contagious — soon her band The Claytones, along with Kelly Sloan, fiddlers Matt Pepin, Ian

Clark and John Dahms, and emcee Bridal Jamieson, were on board for **Musicians for Mutts**, set to take place at Perth's Studio Theatre on October 5. Along with great music, Kelly has orchestrated a silent auction with many great items up for grabs.

ute show at the Smiths Falls Civitan Club, and on November 9, **AMBUSH** will be at the same location for a Red Solo Cup Event from 8PM to 1AM.

Musicians of the area are raising their voices for the creatures who can't, in an attempt to save



Kelly Prescott (pictured above with some rescued friends) and The Claytones will be joined by Kelly Sloan, Matt Pepin, Ian Clark and John Dahms for a LAWS fundraiser on October 5 in Perth

Hot on the heels of Musicians for Mutts is **Pet Fest**, scheduled for October 13 on Mill Street in Carleton Place. This full-fledged street party boasts a noon-to-five line-up emceed by Wayne Cavanagh of JackFM, with bands Running Naked, Jack Spinks, and Balsam Blue, joined by acoustic guitarists and singers Kathleen Stroud, Kurtis Armstrong, Carleton Place's sweetheart Sara Mitchell, and the poet-songwriters of Vine Rhymes, all supported by sound technician Tim Greencorn.

"For an organization run solely on private donations, it's the least we could do," says Dave Scribailo of Running Naked. "And for at least one of our members, it's personal. All six of their pets have been rescues."

The support of the musical community doesn't stop there. On October 26, "**Janis Joplin**" will be strutting her stuff for LAWS in Shelley Montreuil's popular trib-

the no-kill animal shelter that has served this area for thirty years. "The way communities near and far have rallied behind LAWS has been nothing short of humbling," says board president Melissa Rusk. With support such as this, Rusk is hopeful that LAWS can survive this period of transition that has left the shelter over-crowded and struggling financially.

"LAWS is a good cause," says Scribailo. "Like they say, 'it's not so much that we rescue animals, but that they rescue us.'"

Get your tickets now for Musicians for Mutts, on Friday, October 5 at 8PM. Tickets are available for \$20 at Baker Bob's, Mississippi Mills Musicworks, Read's Book Shop, Ballygiblin's, Pakenham General Store, The Vineyard Winery, Balderson Fine Foods, Bakers Bean, and Coult's & Company Coffeehouse. Details for all events can be found at <lanarkanimals.ca>.

— Robynne Eagan

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Flavour of the Month

# Farming Gold

As a local food devotee, I care about how many kilometers my food travels before it gets to me. My tomatoes walked into my kitchen from my garden, the red peppers I picked up at a local farmers' market. When I go to the grocery store I look for Ontario products first, then expand my search to include Cana-

limits, strengthening the connections between food producers and food eaters. It was at a goat cheese-making workshop there about five years ago that Dale and Brad discovered the versatile qualities of goat's milk, and the idea for a farm-based business of their own started to grow.

Today, Kricklewood Farm produces goat milk soap, cheese and even goat milk fudge (maple cinnamon, chocolate and peanut butter are the favourite flavours). They also offer organic free-range chicken and duck eggs, seasonal produce, cut flowers and beeswax candles. But something was still missing.

## Carving Out a Niche

To succeed in any kind of business, differentiation is key. What makes your business stand out from the competition? This is no less true for farm-based enterprises. Both Brad and Dale felt that doing something different and value-added with their land would help Kricklewood Farm prosper.

It was then that an article in *The Ottawa Citizen* about Loïc Dewavrin and his "Huiles d'Amérique" caught their attention. Loïc operates a large farm in Québec and devotes about twenty hectares to sunflowers, which he turns into premium sunflower oil. Dale and Brad got in touch with Loïc, who eventually became a mentor to them — sharing his knowledge of sunflower growing and processing. Dale and Brad meanwhile test-marketed Loïc's sunflower oil in this area and found there was a demand. It seemed clear that sunflower oil could be the golden product they were looking for.

## Liquid Gold

When I visited Kricklewood Farm this September, the fifteen

by Rob Riendeau

dian-grown goods. However, as a foodie, there are some exceptions I am willing to make.

Nobody in Ontario is growing coffee plants or cinnamon trees. Cocoa plantations are not exactly plentiful around here. And, as far as I know, there are no olive orchards producing their own bottles of extra virgin oil with Foodland Ontario stickers on them.

But step outside the box for a moment and join Dale Horeczy and Brad Daily of Kricklewood Farm just outside of Smiths Falls in Frankville. Their organic, cold pressed sunflower oil might have you ditching your Tuscan Olivo di Oliva for some homegrown "sunshine in a bottle."

## Planting the Seed

Dale and Brad are both originally from Winnipeg but have spent a significant amount of time in Montreal and then Atlanta. When homesickness for Canada set in and the two started looking for rural property between Kingston and Ottawa. During their search they happened upon an old stone house and iconic post and beam barn on ninety acres and they knew they had found the perfect spot for their farm.

The farming bug had bitten them while they were living in Atlanta. The urban agriculture scene there is thriving, with small farms popping up within the city



Kricklewood Farm

Brad Daily & Dale Horeczy

## Who They Are

Kricklewood Farm Inc, Dale Horeczy and Brad Daily  
421 Kitley Line 8 Road, Frankville, ON, K0E 1H0  
275-9901 <kricklewoodfarm.com>

## What They Offer

Goat milk soap, goat milk fudge, beeswax candles, eggs, seasonal produce, fresh herbs and cut flowers, farm-inspired cards and art prints. Coming in November: organic, cold pressed sunflower oil. Workshops on goat milk soap, cheese and fudge-making.

## Sunflower Buttery Spread

1/2 cup cold pressed sunflower oil, 1 stick butter (1/2 cup)

Soften butter at room temperature, whisk by hand until smooth. Slowly whip sunflower oil into the butter until well combined. Cover and refrigerate until hardened. Remove and allow to soften slightly. Use in place of butter over steamed vegetables, baked potatoes, pasta, corn on the cob or popcorn.

acres of sunflowers in the field were long past their glory days. Most of the flowers, laden with seeds, had turned brown and were drying on the stalks. Apparently, the whole field has to turn brown before the plants will be considered ready to harvest. A frost would be helpful in drying out the plants.

Once harvested, the seed is dried and cleaned and then mechanically pressed using a traditional cold press process to extract the oil. The press at Kricklewood will be able to process forty kilograms of seed an hour and will introduce no heat (except friction) or chemicals so that the oil is as pure as possible. It is a slow, traditional process, but it retains the freshness and "sunflower-ness" of the oil. Brad

and Dale hope to produce about four thousand litres of organic cold pressed sunflower oil this year that they would like to have on the market by November.

As new farmers on the block, Dale and Brad have been very thankful for the assistance they have received from neighbouring farmers. And their neighbours are showing quite an interest in the organic farming and premium product marketing that Kricklewood Farm is engaged in. Brad is quick to point out that "we are learning much more from them than they are from us." But it is clear that the farming community is happy with the care that is going into the property, the renovation of the heritage barn, and the fact that local farmland is staying productive.

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# Country Harvest Music

Bob White recently trekked over from Carleton Place to theHumm's office to introduce himself, and to introduce theHumm to the annual **Country Harvest Music Show**, taking place on October 21. This year marks the fourth anniversary of this major event, which Bob and a whole lot of other volunteers put on, as Bob puts it, "to keep country music alive in Carleton Place in Scoon's memory". Now I might hail from a bit farther down the Mississippi, but I've been around long enough to remember Scoon (aka Dale Scott) — once a perpetually cheerful sight in downtown CP. Scoon organized music shows and art shows, and helped out at about a million other events. I was one of several hundred people who packed the Carleton Place arena for his memorial service, which was notable for the terrific live country music played as tributes by talented local performers (not to mention the several hundred attendees — that's no average memorial service).

After Scoon passed away, Bob and Andy Bowes (of the Bowes Brothers) decided to organize a great annual country music show that would take place in the fall after all of the county fairs were over for the year. The name "Country Harvest Music Show" seemed appropriate, and they have been growing the event ever since. Last year over 300 people enjoyed the comfortable, family-friendly atmosphere and fabulous line-up, and this year the organizers aim to grow it a little bit more.

Andy's job is to pull together the line-up, and this year he is proud

to present Ottawa Valley Country Music Hall of Fame inductee **Gail Gavan**. Gail has opened for many Nashville stars like George Jones, Tom T. Hall, Merle Haggard and Charlie Pride (not to mention singing the National Anthem in front of the Queen on Canada Day), and has performed at almost every fair in the Ottawa Valley.

Also appearing this year is **Kathleen Stroud** (who used to



Gail Gavan headlines at this year's Country Harvest Music Show on October 21

perform as one of the Mississippi Girls), and up-and-comer **Henry Norwood**. **The Bowes Brothers** themselves round out the impressive line-up. Well-known emcee **Charlie Kitts** (another OVCM Hall of Fame inductee) is adept at reading the crowd and knows all of the entertainers well enough to rib them between sets. The house band also reads like a "who's who" of the Valley country scene, featuring Brad Scott, Andy Bowes,

Wade Foster, Ray Donaldson, Steve Hiscox and Jack Denovan.

In order to make this concert appeal to a wide range of ages, Bob sets up the arena with theatre-style seating, so expect a relaxed, sit-down atmosphere. Bob enthuses that "there is not a bad seat in the hall", and adds that "the sound level is enjoyable — you won't leave with your ears ringing." The arena is also fully accessible and there is plenty of free parking. Bob encourages attendees to dine in downtown Carleton Place before the show. Doors open at 5:30 for "social time", and coffee and a cash bar will be available until the show starts at 7PM. Tickets are only \$15, and are available from the Arena and Graham's Shoes in Carleton Place, Nicholson's in Pakenham, and Mark's Cobbler Shop in Perth

And if that weren't enough to tempt you to come out, the whole show raises money for the restoration of the balcony at the Carleton Place Town Hall. Past shows have helped put new curtains on the stage and add air conditioning. Each year the Town has matched all funds raised. In all, close to \$20,000 has been raised to date. The addition of balcony seating will increase the capacity of the Town Hall from 240 to 300. According to Bob, the Bowes Brothers are looking forward to playing a gig there as soon as the restoration is complete.

So there you have it — a veritable cornucopia of reasons to attend this year's Country Harvest Music Show! But actually, Bob, you had me at "Scoon"...

— Kris Riendeau

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# John McKenty Recounts “Little History”

If you'd like to know more about a place, talk to the people who live there. And sometimes a story will jump out at you — one you can't forget.

That's essentially what happened to Perth author John McKenty when he set out to write a book about Christie Lake. During his research, he spoke with countless people who had lived on Christie Lake for many years and,

He says Arden Blackburn was much more than a mailman; he helped to unite a community.

“It was fascinating how Arden was a connecting link from the head of the lake to the foot of the lake,” says John. “Folks around the lake came to depend on Arden for the mail and so much more.”

During his research, John spoke with many people who live on Christie Lake, on numerous occasions. George James and Donna Walsh were especially helpful, he says, as was Arden's son Ken. Half-a-century after Arden walked his route, John had the privilege of travelling that route with Ken, who often accompanied his dad in years gone by.

John believes it's important to look at history from different perspectives — and to document it.

“When we learn about history in school, we learn about figures who are larger-than-life — Sir John A., Sir Wilfrid Laurier, etc.,” he says. “We don't tend to think of history in terms of our mailman and our shopkeepers, but each one of us in our own unique way ‘makes’ history, and it's important to record that or it will get lost.”

John, who is a retired educator from St. John's Catholic High School and the author of several

other historical books, says writing this book was a pleasure. “Although it took quite a long time to do, it was quite enjoyable really. It was great fun to visit the folks at Christie and to share in the fond-

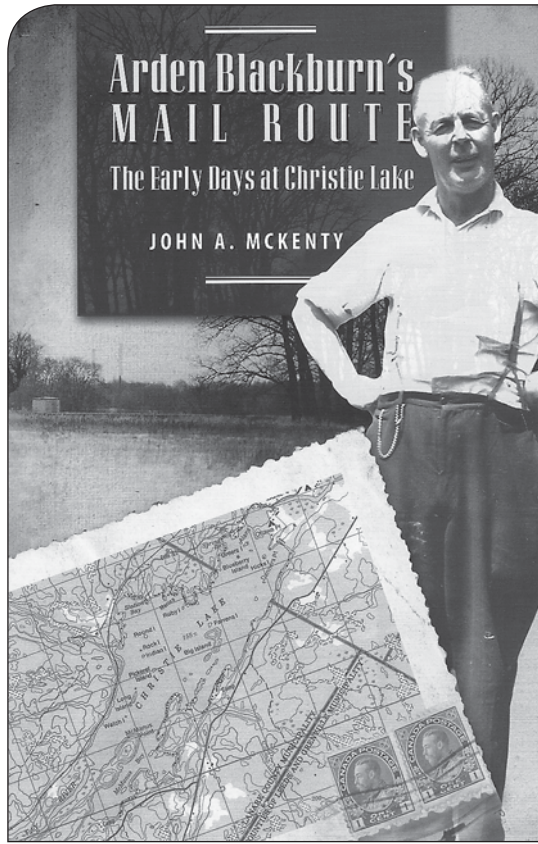
ness with which they recalled their memories of the lake.”

John tells people that what he collects these days “are bits and pieces of what I call ‘little history’.” Glimpses of the past that come from the everyday lives of ordinary people.” He hopes this book will appeal to people who enjoy that sort of look at history, and of course to the residents, past and present, of Christie Lake.

“Over the years, the community at Christie Lake has been blessed with a number of colourful and interesting people, and a strong bond that united both the permanent residents and the summer vacationers,” he says. “I hope readers will be able to take away a strong sense of what it was like to be at the lake in the early days. Also, I hope that those who shared their memories and photographs with us feel this book is a worthy reflection of what they shared.”

John will be reading from *Arden Blackburn's Mail Route: The Early Days at Christie Lake* and giving a presentation to the Perth Historical Society on November 21. He will also read excerpts of the book on October 13 at the First Edition Reading Series. (Please see *theHumm* calendar page for more information.) The book is currently available at the Bookworm, the Book Nook, and at Backbeat Books, Music & Gifts in Perth.

— *John Pigeau is the author of The Nothing Waltz. His second book, Speck, will be published in 2013.*



Perth author John McKenty will read from his latest book about the Christie Lake community at Backbeat Books on October 13 and for the Perth Historical Society on November 21

by John Pigeau

he says, they often reserved their warmest tone for their mailman, Arden Blackburn. His mail route had “connected the dots along the north shore of the lake” for over forty years. Turns out Arden Blackburn was a kind, generous soul, and his spirit, it seemed to Mr. McKenty, embodied the community's willingness to help one another. And thus the idea for his latest book was borne: *Arden Blackburn's Mail Route — The Early Days at Christie Lake*.

“I found the story of the community at Christie Lake to be an interesting one,” John says. “Over the years there had been so many fascinating people there, I really felt it was worth recording their stories. Some work had been done by a gentleman by the name of Stan Seymour, who had taped conversations with a few folks at the lake. This book is simply a continuation of what he had started.”

26 invited ceramic artists from Ontario and Quebec

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Directed by Mark Piper

**Friday Oct 19 7:00pm**  
**Saturday Oct 20 2:00pm & 7:00pm**

**Tickets \$10 at CP Chamber of Commerce**  
132 Coleman St 613-257-1976

for more info: 613-595-1514  
www.mississippimudds.com

# 400 Year-Old Comedy to Hit CP Town Hall

When people think of Shakespeare, they usually think of the great tragedies: *Hamlet*, *Macbeth*, *Romeo and Juliet*, and *King Lear*. And to tell the truth, most actors would rather bust their dramatic chops on a good scene-chewing tragic hero — doing comedy just doesn't seem serious somehow.

But in his day, the Bard was loved for his comedies. In the year 1600, he was the age's greatest writer of situation comedies. Shakespeare's plays were *Seinfeld*, *M\*A\*S\*H*, *Cheers*, and *All in the Family* all rolled into one. In a time when bear baiting was considered popular entertainment, William Shakespeare drew people from all classes and walks of life into the theatre to enjoy his sophisticated wordplay and character-based humour.

And he continues to bring in the audiences four hundred years later, both on stage — witness the popularity of Canada's own Stratford Festival — and on screen — it seems that every year some new version of one of his plays is re-imagined for yet another cinematic treatment. Part of his secret, of course, is that not only do audiences like seeing the plays, but actors love performing in them.

The tradition continues this year in Carleton Place, as the Mississippi Mudds Youth Theatre brings the well-loved *Much Ado About Nothing* to the Town Hall stage. Among the young actors cutting their teeth on the Bard are newcomer Molly Cooney, who plays the young romantic lass named Hero; Cristian Bowie (who played the First Murderer in last year's *Macbeth*) as Claudio, the object of Hero's affection; Katie Irvine (who played Ruth in last year's *Pirates of Penzance Jr.*) as Hero's mother Leonata; and Jack Cruise — Macbeth himself — broadening his range and taking a romantic and comedic turn playing the dashing prince Don Pedro.

Director Mark Piper is obviously very proud of his young cast. "I don't

know how I got so lucky, finding thirteen talented teenagers like this, who give up two nights a week to come and rehearse this play, not counting the time they spend at home working on their characters. Oh yes, you bet I'm having fun — watching these young geniuses make this play their own. It's a joy just to watch them work."

But it's obvious the young actors are having fun too, despite their hard work. So if you're ready to enjoy watching a group of actors, all under twenty years of age, embrace the tradition of the actor's craft and fearlessly take on a comedy that's over 400 years old, you're ready for the Mudds Youth Theatre's production of Shakespeare's *Much Ado About Nothing*.

There will be three performances: Friday, October 19 at 7PM and Saturday, October 20 at 2PM and 7PM. Tickets, \$10, are on sale now at the Carleton Place Chamber of Commerce at 132 Coleman Street. For more information, call 257-1976 or see <mississippimudds.ca>.



Parvaneh Rowshan (left) explains the technicalities of fine dancing to *Much Ado About Nothing* cast members Molly Cooney and Cristian Bowie during a recent rehearsal at St. Mary's Church hall in Carleton Place.  
Photo courtesy Doris Ohlmann

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Carleton Place

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Programs we are planning include: Home Hospice Support, Transportation, Grief and Bereavement Resource Centre, Health Care Coordination

We need dedicated volunteers with an interest in helping others in a variety of ways.

If you are interested in more information, please pick up an Application at The HUB in Almonte, 118 Mill Street, e-mail volunteer@hubhospice.com, call (613) 256-6479 or visit www.hubhospice.com

# CTF Hosts Halloween Ball

While Halloween has long been marketed as a holiday for children, there are still plenty of adults who like to get together, dress up, and explore the world of the spooky come the end of October. With that in mind, the Classic Theatre Festival (CTF) is hosting a **Witches and Warlocks Halloween Ball** on Friday, October 26, beginning at 8PM at the Civitan Club in Perth.

Organized by CTF board president Marie Shaw, the evening will feature dancing tunes by DJ Kevin Carnrite, as well as costume contests. There will also be some intriguing visuals, from meticulously decorated witches' hats and a giant spider that will

perform some amazing tricks, to Toonie Terrors — an opportunity to be photographed in (and receive a copy of) a particularly ghoulish scenario.

"It's all in good fun," says Shaw, who has frequented Halloween gatherings south of the border in Salem, Massachusetts, where the 18+ set gather annually. And it's also welcoming to folks who don't feel like dressing up, but appreciate the creative vibe of such a gathering.

"It's fair to say that we just love theatre, which in many ways is watching people dress up and become different characters. This is also a form of theatre that everyone can participate in," she says.

"It's fun, it's a night out, and it's memorable. A chance to come out with your friends, try and guess who might be underneath a mask or layers of makeup, and maybe just revel in the idea that this is the last time you can go out to a party without wearing big boots and a parka until the spring."

Costumes are not required to take part in the ball — there will be plenty of space on the dance floor for those who simply want to boogie — and there will be a good supply of Halloween-themed food and treats as well.

For tickets to the Halloween Ball, call 1-877-283-1283 or Tickets Please, at 39 Foster Street in Perth (485-6434).

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## One Good Blues Series Deserves Another

Now that Westport's Acoustic Blue series is over for the summer, it's time to get ready for the return of the great Blues on the Rideau (BOTR) series at The Cove. Featuring dining and dancing to some of Canada's best blues bands, BOTR's eighth season starts on October 26 and runs every month (except December) right through to next May. It has become internationally known for its high calibre of music, delicious food, packed dance floor and fun ambiance. Tickets and rooms in Westport sell out early for these shows, so check out this year's great line-up, mark your calendars and book now! Proceeds from each show go to support different local charities. \$38,000 has been raised since the series started, and another \$7,000 is expected this year.

BOTR's 2012/13 schedule features the Terry Gillespie Band on October 26, Fathead on November 16 and 17, the Conor Gains Band on January 18, The Hogtown All-Stars on February 15 and 16, the Jack de Keyzer Band on March 15 and 16, the Julian Fauth Band with David Rotundo on April 19 and 20, and the Robin Bank\$ Band on May 17. Visit <choosetheblues.ca> for more details.

Ticket price remains the same as last year at only \$60 for dinner and a show. Advance reservations are required by calling The Cove at 273-3636 or 1-888-COVE-INN.

### Terry Gillespie

The first show of this season features Terry Gillespie. Terry learned the blues in Detroit watching greats like Howlin' Wolf, Buddy Guy and John Lee Hooker perform. His trio now includes Wayne Stoute on drums and Lyndell Montgomery on bass. This awesome threesome was a semi-finalist at the 2012 Memphis International Blues Challenge. Proceeds will go to the Lucy Drysdale Memorial Scholarship Fund.



## One-Acts: Bite-Sized Theatrical Delights

Think of it as a lovely box of chocolates for theatre lovers...

Beginning November 1, fans of live theatre can look forward to indulging in a delicious assortment of short stories, as the much-loved **Evening of One-Act Plays** returns for a fourth year to the Studio Theatre in Perth.

The one-act play format provides a chance to see three entirely different self-contained short plays of various genres, each about 30 to 45 minutes long. And this year, for the first time, the Studio Theatre has invited guest theatre companies to present one-acts of their own for the entertainment of Perth audiences. To make the evening even more enticing, each play will be an entry in this year's Eastern Ontario Drama League One Act Play Festival, which takes place in Kingston from November 9 to 11. That makes this a must-see evening of theatrical variety at its best!

The evening's first play is the **Studio Theatre's** production of George Bernard Shaw's *Overruled*, a comic look at marriage and infidelity in the early part of the last century. *Overruled* is directed by Patricia Parry, and stars Joanna McAuley, Grace Main, Hal Potter and Grey Masson.

The second short play will be August Strindberg's *The Stronger*, directed by Catherine Clark and presented by the **Valley Players** of Almonte. On the surface, this is a simple play about two actresses meeting by chance in a restaurant on Christmas Eve. Yet in its one brief scene, Strindberg creates an episode of incredible poetic power, an intense snapshot of life, and an astonishing piece of stagecraft. *The Stronger* takes just ten minutes to perform, but you will think about it long after the curtain closes.

The third play of the evening will be *Behind The Beyond*, written by Ottawa's Brian Cano and presented by the renowned **Ottawa Little Theatre**.

On Friday, November 2, and Sunday, November 4, the comedy *Bloom*, by Saskatchewan playwright Leeann Minogue, will be presented by Manotick's **More Theatre**. On Saturday, November 3, a one-act presented by a guest company is yet to be announced.

An Evening of One-Act Plays takes the stage at the Studio Theatre for four performances only: November 1, 2 and 3 at 8PM, and Sunday, November 4 at 2PM. Tickets are \$20 cash at The Book Nook in Perth, \$22 at Tickets Please (includes a convenience fee; visit ticketsplease.ca or call 485-6434), and \$22 cash at the theatre box office on show nights. Students with ID pay just \$10 at the door.

### Wait Until Dark in October

Don't forget, premiering October 11 is the thrilling first production of the Studio Theatre's 2012/2013 season, Frederick Knott's suspense classic *Wait Until Dark*, directed by Norma Cummings. Tickets are available at all of the above locations, and the show runs October 11, 12, 13, 19 and 20 at 8PM, and October 14 and 21 at 2PM. A portion of ticket sales from each performance will go to benefit Canadian Guide Dogs for the Blind.

From actors and directors to set builders and ushers, the Studio Theatre is the only community theatre in Perth operated 100% by volunteers. Every dollar generated by the theatre's productions goes directly into maintaining and operating the building and its services to the community. For group rates and show details please visit <studiotheatreperth.com>.

See you at the theatre!

Bluegrass Concert

*Low Reid*  
&  
*Carolina*

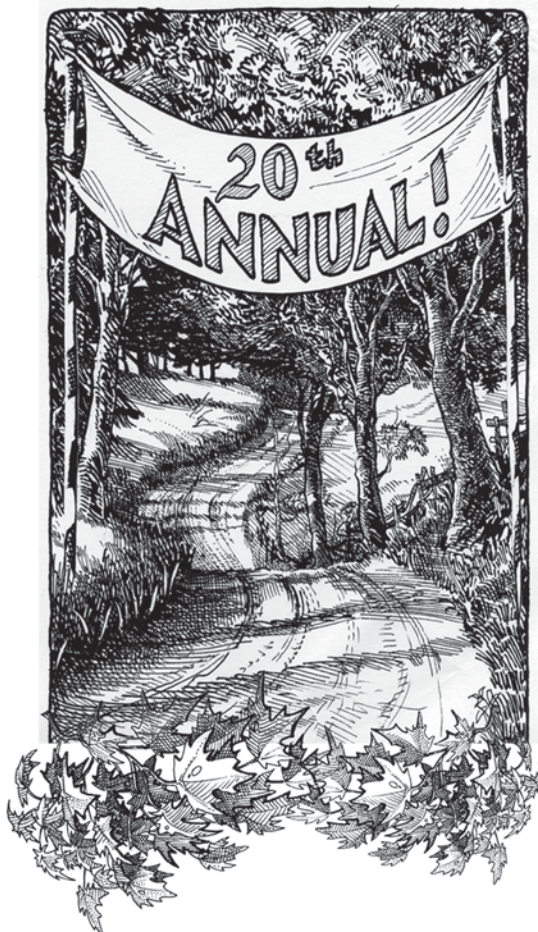
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Tickets available from:  
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Tom McCann 613-257-1251

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Show starts at 9PM)



Artist profiles, images of their work,  
and a map are available on the website:

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[www.perthstudiotour.com](http://www.perthstudiotour.com)

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# Humm Bits

## Merrickville gets Jazzed in October

This year's **Merrickville Jazz Fest**, October 11 to 14, features twice as many performers as last year's — including a number who have appeared in the Ottawa Jazz Festival — and twice as many venues. Event tickets are \$15 and weekend passports are \$59.95. Information is available on the festival website at <merrickvillejazzfest.com>, or by phoning 269-4223 (toll free 1-877-881-8874). The website also provides the detailed schedule and performer bios. All revenues (after expenses) from this year's jazz festival will be donated to the Fun With Books program <funwithbooks.org>.

## Hospice Hop Fundraiser

On Saturday, October 13, Eddie and the Stingrays will headline at the Hospice Hop Fundraiser in Perth. Come out to the Perth Civitan Hall for an evening of fabulous fun and dancing, and know that your attendance at this great event will go a long way to providing end-of-life services to people in Lanark County living with life-threatening illness.

Dignity House Hospice, a registered charity since 2008, is working to assist individuals who reside in Lanark County and are diagnosed with life-limiting illnesses, to live life as fully as possible while maintaining their dignity and comfort, as well as to provide support to their families and loved ones. Dignity House Hospice will focus on the client rather than the illness, and aim to give families respite from the extraordinary challenges of providing ongoing care to an ill or dying loved one. In response to a community need for additional palliative care services, there is now a full Day Hospice program one day per week, and organizers are working towards establishing a residential hospice. All services will be provided at no charge to clients and their loved ones.

To learn more about Dignity House, please visit <dignityhousehospice.ca>. Tickets to the Hospice Hop Fundraiser are \$25, and are available from Shadowfax at 67 Foster Street in Perth (1-800-518-2729).

## Fall Tea and Bazaar

On October 20, from 1 to 3PM, St. Mary's Council of the Catholic Women's League of Almonte is hosting its annual Fall Tea and Bazaar at the Civitan Hall in Almonte. Visit the tea room and shop for arts and crafts, jewellery, dishes, home-baked goods, and books. Buy raffle tickets and spin the wheel for prizes. For more information, call Catherine at 257-8660.

## Talent Both Culinary and Theatrical at Union Hall

The 9<sup>th</sup> annual **Union Hall Potluck and Talent Night** will be held this year on Saturday, October 27 at, you guessed it, Union Hall. Everyone is invited to join neighbours and friends for a potluck supper, followed by a rollicking display of local talent.

Bring along your tastiest main course, salad or dessert, as well as your own dishes, so as to avoid the use of disposables. Sit down to eat at 6PM, and the entertainment will begin at about 7:30PM. Admission is free, but donations for the upkeep of the hall are always welcome.

Entertainers of all ages and levels of experience are welcome. Can you sing, dance or recite a poem, limerick or story? Do your kids need an audience for their accomplishments on the piano? If so, call Ray Fortune at 256-0025 to get a place on the program.

Union Hall, situated at 1984 Wolf Grove Road at the corner of Tatlock Road, has been serving the neighbourhood for more than 150 years. The hall is maintained by community members, with the support of the Town of Mississippi Mills.

## Wine Tasting in Almonte

Prepare for fall entertaining by attending a **Wine Tasting with Rod Phillips**, wine columnist for the *Ottawa Citizen*. Rod will be at the Heirloom Café Bistro on Monday, November 5 starting at 7:30PM for an informative evening that will include a talk, guided tastings, refreshments and signing of his book entitled *The 500 Best-Value Wines in the LCBO 2013*. Rod Phillips has spent the year tasting and rating the wines on the shelves of the LCBO for this comprehensive guide. The book rates each wine on a five-star, value-for-money scale, provides a concise, no-nonsense description, and suggests food pairings.

Seating for this special event is limited. To reserve your place, please contact Mill Street Books in Almonte at 256-9090.

theHumm Interview

# Talking 'Bout a Stardust Revolution

Jacob Berkowitz is an Almonte-based author, science writer and performer whose writing combines a life-long passion for both science and storytelling. In 2006, Jacob wrote *Jurassic Poop: What Dinosaurs (and Others) Left Behind*, a wonderful children's book all about coprolite. With his latest ef-

ing of the two others — that life itself is a cosmic phenomenon.

## What prompted you to look into this question?

I've been telling science stories for the past twenty years, and disparate discoveries are like pieces of a jigsaw puzzle — except there isn't a box cover image to guide you. In this case, I saw a big, amazing story emerging from lots of smaller details.

## What was one unexpected thing you learned while researching your book?

One of my favourite stories in the book is of Edward Anders, a Holocaust survivor and one of

the people who, in 1985, first isolated pure stardust. This stardust is presolar — it was spewed-out by stars that were born and died before our Solar System formed. For these ancient stars, literally our ancestors, their starlight is long gone, but the stardust remains.

## If people want to learn more about this fascinating topic, where should they be on the night of Thursday, October 25?

My hometown launch for the *Stardust Revolution* will be in the back room of the Barley Mow at 7:30PM. I'll be sharing what I hope is an inspirational and informative presentation, answering questions and celebrating coming ashore after a five year writing journey.

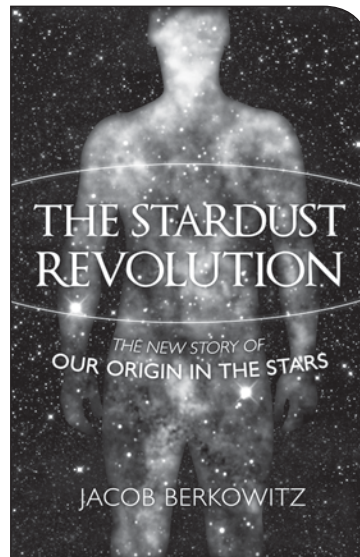
by Rob Riendeau

fort, *The Stardust Revolution*, Jacob turns his attention skyward and speaks to a more mature audience.

Throughout, his enthusiasm for bringing the complex world of astrophysics and the new fields of astrobiology and astrochemistry to non-scientists makes for compelling reading. *theHumm* caught up with Jacob to ask him a few questions about his most recent work.

## theHumm: What is the Stardust Revolution?

Jacob Berkowitz: It's the term I've coined to describe the third great scientific revolution of the past 500 years. The first is the Copernican Revolution — that Earth isn't the centre of the universe. The second is the Darwinian Revolution — that humans are part of the warp and weave of all life, rather than separate. The *Stardust Revolution* is the merg-



Science writer Jacob Berkowitz launches his latest book on October 25 in Almonte

# Adult Bereavement Support Groups

Earlier this year, Community Home Support — Lanark County (CHS) began offering a monthly Adult Bereavement Support Group in Carleton Place, as a complement to its existing Bereavement Programs in the Perth area. The response has been overwhelming. It has underscored the number of bereaved in our communities, reinforced the value of peer support in the journey of grief, and identified the need for additional bereavement programs. As a result, CHS is pleased to offer an expanded range of bereavement support services this fall.

The existing **Adult Bereavement Support Group** will continue as an ongoing open group. It meets at the Waterside Retirement Home, 105 McNeely Avenue in Carleton Place. Organizers are grateful to the Waterside for providing the space free of charge. This group meets on the last Wednesday of each month, from 1:30 to 3:30PM.

When members of the Carleton Place group voiced that they wanted to meet more frequently than once a month, CHS responded by adding an **Adult Bereavement Walking Group**, also in Carleton Place. They meet on the second Tuesday of every month, 1:30PM at Starbucks on the corner of Hwy 7 and McNeely Avenue, and walk the new Beckwith Trail.

The success of the Bereavement Support Group in Carleton Place has also prompted CHS to start a second support group in Perth. They will meet at Lanark Lodge on the second Wednesday of every month, from 1 to 3PM. The first meeting will be on October 10.

The two open Bereavement Support Groups are facilitated by dedicated volunteers who have specialized training in grief, psychology and palliative care, and who have also experienced the loss of a loved one. They bring to the group a wealth of knowledge and experience, deep compassion, and a loving concern. The group sessions normally begin with a short video or guest speaker, followed by a structured discussion based on the presentation topic for the session. Those present are invited to share their experiences as they are able, or simply to benefit from the presence of others who are learning to live with their grief.

The Carleton Place Bereavement Walking Group will also be coordinated by a volunteer who has experienced the loss of a loved one. Group members may walk as far as they want each month and may choose to either share their grief, or to simply walk alongside others. Those who want to continue talking can end the afternoon with a coffee at Starbucks.

All three groups are informal and ongoing. There is no charge and no requirement to pre-register. Newcomers are always welcome and those who have attended a session may come to some or all of the subsequent sessions, depending upon their needs, interest and other commitments. Anyone wanting more information may contact Rebecca Bowie at the CHS office at 267-6400 or <rebeccab@chslc.ca>.

— *Barbara Carroll is a Bereavement Program Volunteer*

Bad theatre shouldn't be a death sentence . . .

# Murder Me Always

By Lee Mueller

## Tragic Performance — Director Killed in CP

During a particularly bad performance of the murder mystery *Murder Me Always*, the audience was shocked when life imitated art. Not that one could call that production artful in any way, shape or form. According to authorities, the dinner theatre had just begun and the salads were on the tables when a shot reverberated through the hall — the audience believed it was part of the show, until the body of the director was found backstage. Thus, the performance came to a crashing halt and all mayhem let loose.

Detective Joe Mamet, who happened to be at the evening's performance, quickly took control of the situation. He said that many of the folks wanted to leave — some disgruntled by the terrible overacting onstage, and others for fear that the killer was still at large in the hall and might strike again. Nevertheless, everyone was detained for questioning. Mamet saw no reason to waste the wonderful repast prepared by the good folks at Ballygiblin's Restaurant and Pub, so dinner was served, to the delight of the crowd. For those who required a bit more fortification, a cash bar was also made available (within reason — no one wanted to deal with a drunk on top of a murderer). The evening was full of discussion about the dreadful performance and the dramatic death, with everyone speculating on whodunnit, and why they still let hopelessly forgetful Henry take part in such theatrical productions. One patron summed it all up nicely when she said, "Bad theatre shouldn't be a death sentence!"

In a generally peaceful town like Carleton Place, such drama-filled evenings are blessedly rare, but if you've been hankering for just such a night out, then run, don't walk down to the Chamber offices at 132 Coleman Street and purchase a ticket for the Mississippi Mudds' upcoming murder mystery *Murder Me Always* by Lee Mueller. The production is set to take the stage at, you guessed it, the Carleton Place Town Hall, on Friday, November 2 and Saturday, November 3. Doors open at 6:30PM, with hors d'oeuvres being served until the show starts at 7PM. Tickets for the dinner, catered by Ballygiblin's, and the show, superbly overacted by the Mudds' players, are only \$45 and include gratuities and taxes. Though the folks at the Chamber offices have said they'd love your cash, they will also sell to those using debit or credit cards. So no excuses! For more information please call 257-1976 or visit <mississippimudds.ca>.

— Kathleen Everett

# Sparks of Grace: A Hub Hospice Fundraiser

Sherry Galey is launching a very lovely fundraiser for the Hub's community hospice program in Mississippi Mills. Entitled Sparks of Grace, the project revolves around a set of postcards she designed using her photographs, which she hopes will bring a smile to both the senders and the recipients. Because of a recent personal experience with hospice care, she has decided to donate all the proceeds from the project to the Hub for the hospice project.

There are currently six postcards for sale, but Sherry has six more being printed, including the card shown here featuring James Naismith.

When asked why, as a relative newcomer to the area, she is embarking on this major fundraiser, Sherry explains: "My father was diagnosed with terminal cancer a number of years ago, and although it was a difficult time for our family, we were able to honour his wish to die at home because we had access to quality palliative care in Toronto. So I know from firsthand experience how important compassionate care is to families dealing with life-limiting illnesses. When I found out that a group of people was working hard to make this kind of care available in Almonte and area, I wanted to help in some way, through fundraising and getting the word out."

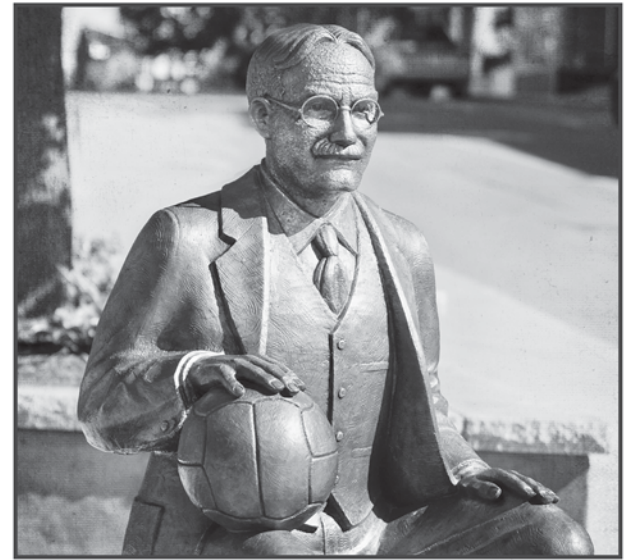
Sherry has been delighted by the response she has seen to the postcards in just a few short weeks. She has already mailed out sets of cards all over the country, and has even re-

ceived an order from Ireland! The postcards are also on sale at Mill Street Books in Almonte, thanks to the support of proprietors Mary and Terry Lumsden. They will also be available at the Handmade Harvest show in Almonte on Sunday, November 4. In addition to the twelve postcards, Sherry will also have greeting cards, Christmas cards and other note card sets avail-

able at that show. You can find more information about this wonderful fundraiser by contacting her at 461-0026 or at <sherry.galey@rogers.com>.

In Sherry's words: "I look forward to getting the postcards out to more community members so that we can all help make compassionate end-of-life care a reality in this area."

— Kris Riendeau



I am sure that no man can derive more pleasure from money or power than I do from seeing a pair of basketball goals in some out-of-the-way place.

James Naismith  
Inventor of basketball, born and raised in Almonte, Ontario

This card featuring the statue of Dr. James Naismith is just one of a set that photographer Sherry Galey is promoting as a fundraiser for the Hub's community hospice program in Mississippi Mills. They are available from Sherry, and also at the Handmade Harvest show on November 4.

**KANATA CIVIC ART GALLERY**

**K**

**KANATA CIVIC ART GALLERY**  
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A group show by juried artists  
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Visit [www.kanatagallery.ca](http://www.kanatagallery.ca) for more information

## Christmas in the Valley Artisan Show

Are you looking for gifts with *originality, quality and attention to detail*? Then your first shopping destination should be the 24<sup>th</sup> Annual **Christmas in the Valley Artisan Show** where a juried selection of artisans, crafters and bakers will be presenting their work in a relaxed and festive atmosphere at the

**Almonte Community Centre** upper hall, 182 Bridge Street  
on Saturday, November 3 from 10-4PM and Sunday, November 4 from 10-4PM.

Light lunches and snacks by the  
*Friends of the Mississippi Valley Textile Museum.*

Free admission and door prize

Visit [www.valleyartisanshow.blogspot.com](http://www.valleyartisanshow.blogspot.com) and follow us on Facebook!

# www.fieldworkproject.com

# Fun Fall Events for Interval House

With a bevy of diverse and fun events coming up in support of Lanark County Interval House, you will be kept so busy in October and November that you won't have time to dread winter coming!

## Blast From the Past

On Saturday, October 20, you're invited to travel back to the '80s! Blast into the past to help create a promise for the future safety of women and children. The **'80s Retro Dance Party** calls everyone to the Carleton Place Arena for an evening of neon, sparkle gloves, side ponytails and dancing the night away. Sponsored and organized in partnership with Valley Granite and Tile, this event features prizes, costume contests and music spun by DJ Jack. It runs from 8PM to 1AM, and you'll even get a late-night snack served at 11PM.

Tickets are only \$20 and can be purchased at Valley Granite and Tile at 127 Bridge Street in Carleton Place, by calling 492-2522, or by contacting <brianne@lcih.com>. This is a licensed event, so attendees must be 19 years of age or older.

## Look Into the Future

Come for **Tarot Sessions and Henna Decoration** at Angels Roost Studio and Spa on Saturday, October 27, from 9AM to 3PM, in support of Interval House. Long-time tarot experts Ann Gratton and Lise Guignard invite you and your friends for a personal Tarot reading, or to receive a beautiful henna decoration, or both!

Just walk in. Laurie will explain everything and/or help you pick out your henna tattoo. If you choose to have a tarot reading, you can ask your questions to the cards and either Ann or Lise will interpret the answers for you. What a fun afternoon outing for just you or a group of friends!

## Great Deals and a Worthy Cause

As we head into the season of Christmas fairs and specialty shopping, one of Carleton Place's largest events of the year, the 24<sup>th</sup> annual **Women's Fair**, will offer a wide variety of bargains and distinctive products and services, as well as an opportunity to support Interval House.

On Saturday, November 3, from 10AM to 4PM, the upper hall of the Carleton Place arena will play host to over forty woman-led businesses from the area. Many vendors are offering special promotions, and the fair provides the opportunity to get started on your holiday shopping. Admission is free.

As you seek out deals, you can also feast on delicious, reasonably-priced, homemade fare from the

lunch café, enter a Vendor Bingo contest to win a \$100 shopping spree at Vamos Outdoors (in Almonte), bid on over fifty great items in the silent auction, take pictures in the Yelp photo booth, and have a chance to win the door prize: a complete personal makeover (over \$500 value) compliments of Angels Roost Studio & Spa.

Be sure to come early, as the first 100 visitors will also receive a Yelp canvas swag bag with promotions and gift items from many local businesses and services.

If you can't make it to the fair until the afternoon, plan to come for lunch, and stay for the fashion show at 2PM. The fashion show will feature funky women's outdoor clothing and footwear from Vamos Outdoors.

All proceeds from the annual event go to support the extensive programs and services offered by Interval House.

## Be Dazzled...

The Dazzling Diamond Divas of the Crown Jewels of Canada Society and the Shopping Sherpas of the Red Hat Society invite you to a combined **Fashion Show / Wine & Cheese** on Saturday, November 3, from 2 to 5PM.

Enjoy an assortment of cheeses and a complimentary glass of wine while viewing (and maybe even buying) some of the finest fashions Pazazz has to offer (cash, cheque, VISA and MasterCard are accepted).

It all takes place at the Carleton Place Legion, 177 George Street and the cost is \$15 in advance or \$18 at the door, and. All proceeds from this event go to Interval House. To reserve your ticket, RSVP by Friday, October 12 to Sandra at 253-1774, or email <dazzlingdiamond-divasofcp@gmail.com> or <shopping.sherpas@gmail.com>.

## Get Ready to Party!

Friday, November 16, marks the 5<sup>th</sup> annual **Violet Femmes Gala** in support of Lanark County Interval House. You can expect to have an outstanding evening with your closest gal pals, wonderfully delicious food, a cocktail or two, great music, dancing and an elaborate silent auction and raffle table, all hosted by Sandra from the KISS FM morning show.

Purchase your tickets online at <lcih.org> or visit either Old Church Shoppes at 17A Albert Street in Carleton Place, or doree's habit at 65 Mill Street in Almonte.

This fabulous girls' night out event will start at 5:30PM, November 16, at the Almonte Arena.

## Interval House

All of these events raise money for a local shelter for abused women and children in Lanark County. Each year demand increases for the shelter's services, and more and more fundraising is needed.

Lanark County Interval House provides support to children, youth and women who experience physical, sexual, emotional or financial abuse, and can refer men to the appropriate resources. All the services are free and confidential, and you do not need to be a resident of the shelter to access the services. Call 257-5690 or 1-800-267-7946, 24 hours a day, or visit the LCIH website at <lcih.org> for more information on its services, or to become a volunteer.

**Please note:** Many local residents received a mailing from "Interval House" to fundraise — this mailing was from Toronto Interval House and NOT Lanark County Interval House. If you wish to keep your donation local, please ensure it is going to Lanark County Interval House and not just "Interval House", by sending it to PO Box 107, Carleton Place, ON K7C 3P3, by calling 257-3469 or visiting <lcih.org>.

— Sarah Bingham



You'll find fashions by Vamos Outdoors and much more at the annual Women's Fair on November 3

# Pitre Performs in Perth

To describe a performance by **Louise Pitre** as "lively" is definitely an understatement. You'll want to hang on to your armrests when Canada's first lady of musical theatre takes to the stage in Perth on Friday, October 19.

Receiving a Tony nomination for her Broadway debut in the smash hit *Mamma Mia!* was just



one highlight in a career that spans theatre, television and concert stages across North America and Europe. Ms Pitre is also known for her signature performances as Fantine in *Les Misérables* (Toronto, Montreal and Paris) and the title character in *Edith Piaf*. She has won numerous awards and guested with orchestras across Canada. Louise appears in concert regularly throughout North America with accompaniment ranging from big band to solo piano, and she is sure to set the Perth stage on fire!

And don't forget to mark your calendar for November 23, when the very talented **Toronto Symphony Youth Orchestra** takes to the stage.

All PPAC shows start at 8PM in the Mason Theatre at Perth & District Collegiate Institute. Single tickets are now available from Tickets Please — visit <ticketsplease.ca>, call 485-6434, or drop in at Jo's Clothes, 39 Foster Street in Perth.

It's October and you never know who you'll meet at the

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# Looking for Love in All the Wrong Places

*Disclaimer: Please consult your marriage counselor, life coach and cable guy before heeding any of the following advice. Got a question? Send Miss Write an email at <misswrite@thehummm.com>.*

**Dear Miss Write,**

Where can a nearly 40-year-old, single mom of two meet a good guy? I am on almost every committee, association and

by Emily Arbour

council I can find to "get myself out there" but no luck! Please tell me that there is a coffee shop, social club... a petting zoo... something out there that caters to perfectly dateable, lovely singles like me.  
*Yours, Unlucky in Love*

**Dear Unlucky,**

It sounds like you're doing a lot of really positive things to "get yourself out there" as you say. What I would suggest, however, is that you look closely at the type of groups you're joining. It's all well and good to get out there and socialize, but if we're talking about book clubs and PTA meetings, you might not be maximizing upon your opportunity to meet men. Available ones, anyway.

With two kids, I imagine you're pretty busy, so here's what I'd recommend to make the most of your search for a mate. Decide right here and now that you are going to make a solid effort to meet someone. What that means is that you are going to spend the next eight weeks (to start) making finding a mate a priority. You're going to sign up (or re-sign up) for a reputable dating site. You're going to take an adorable headshot and write a great little bio for yourself and then you're going to go on a date with any guy who strikes up a conversation. (So long as he doesn't have gold teeth or man bangs.)

Now that you've got the internet working for you, turn to pages 28-29 to find the local events calendar. Circle every happening event you can find. Find a wing woman (preferably not a single one) and go to the ones that fit your schedule. On weekends when you have some time to yourself, venture out alone. Go to a coffee shop, the grocery store, the bookstore and talk to people. Be open and friendly to men and women alike. You never know! A new friendship could be your ticket to an entire new group of friends and new windows of opportunities.

Last, but not least, do a little self-reflecting. You know the type of person you want to end up with, but do you have those same good qualities?

Are there things that you might need to edit about yourself before you can be Mrs. Right to your elusive Mr.? Are you a positive person, or a Debby Downer? Are you a good listener or do you just wait for people to stop talking to say your piece? Do you have something in your teeth? I bet your friends might have some input, but you have to be prepared to hear some tough stuff. Or maybe you're perfect. Either way, it's a good exercise in perfecting the "you" you're putting out there. And that might be the best advice I've heard all day.

**Dear Miss Write,**

From a marketing perspective, why are Open Houses and Studio Tours important? As an insider, I know there are lots of artists out there scouring their home studios in preparation for the Crown and Pumpkin Studio tour. I am sure some of us could use a little encouragement and insight into the benefits of all the effort we put in to these events.

*Sincerely, A Local Artisan*

**Dear LA,**

From a marketing perspective, Open Houses and Studio Tours are important because they give artisans an opportunity to showcase their work in a comfortable, accessible setting. The intimate nature of an artist's home or studio allows people to connect more deeply to the artwork and the person responsible for it. Being able to see where the art is created, learning how it is created, and getting to know the artist leaves viewers with a certain sense of ownership, and only increases the opportunity to increase actual ownership. And that's really the point now isn't it?

See you at the Crown and Pumpkin!

**Dear Miss Write,**

When can we hang out?

*Sincerely, An Old Friend who hasn't seen you in months*

**Dear Nameless Friend,**

What are you doing Tuesday? I have a 20-minute window between procrastinating and eating bonbons on the chaise lounge I bought at Rebound last week. Say 2:32 to 2:52?

*— Emily Arbour is a freelance writer (among other things) who lives and works in Almonte, Ontario. By no means is she an expert in anything but having an opinion and making things up. You can go ahead and take her advice, but you'd probably do just as well asking a tween how best to take a telephone message. Only difference is he doesn't have a column in this fine publication.*

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**BLOOM** (More Theatre, Manotick) \*  
 November 1 to 4 2012  
 at the Studio Theatre, 63 Gore St. E. Perth  
 \* See [www.studiotheatreperth.com](http://www.studiotheatreperth.com) for specific dates and details

# Rural Root Theatre

When all else fails, do it yourself! There is nothing more exciting than being in on the ground floor of a new endeavour that you know will be a success. In early spring 2005, Alan and I were invited to a meeting with West Carleton mover-and-shaker Adele Muldoon, who was germinating the idea of bringing together the artistic community by creating a real theatre company. I believe there were six of us there, including Helen and Martin Weeden (long-time members of the Kanata Theatre company), Pat Tait (from Vydon Acres area), and others. We all brought something to the group — stage experience, organizational experience, and just plain enthusiasm.

Names for the group flew like wildfire, and we settled on Rural Root Theatre. The name has stuck, as has the group. Work began immediately on a vibrant evening of revue comedy and dance. Where to perform? Pat Tait was instrumental in obtaining permission to use the recently vacated West Carleton Township Office, now the Kinburn Client Centre, and in May of 2005, the lights went up on *Council Chamber Capers*. We had professional lighting, a good stage, great acts, and full houses on two nights, much to the joy of the troupe. It appeared the theatre had found a home and would make good use of the building.

Buoyed by success, a second production was underway shortly thereafter, and in October once again the building became Broadway Central, and the hall was filled with a happy audience.

Everyone knew the actors. Everyone knew their fellow patrons. The kids sold drinks and home-baked desserts. The offices became dressing rooms. Helen and Martin Weeden were turning their neighbours into a real professional troupe of actors, and production people.

In the spring of 2006, bureaucracy reared its head, and Rural Root Theatre was threatened with homelessness. However, by then Constance Bay was smitten, and their community centre was offered up as a new venue. Since then, twice a year, in May and October, the community centre welcomes lively productions of musicals, comedies, one-act plays and original works, all staged by Rural Root. It's a family affair too, as parents learn the ropes of production while kids are on stage. There are always costumes to make, as well as props to construct, a stage to decorate, and all manner of background chores. (Alan and I still have the beautiful papier maché roast chicken that appeared in our first performance.)

No production is beyond the reach for Rural Root. Their can-do attitude has extended to *Anne of Green Gables*, Norm Foster and David French plays (including the inaugural amateur production of Foster's *My Narrator*), musical shows with local musicians, and comedies that always bring the house down. For spring 2013, they will be mounting a production of *The Drowsy Chaperone*, a Broadway hit that is also being done by the much larger Orpheus Company in Ottawa. You may have seen the show at the NAC, but it will be even better when Rural Root Theatre does it — guaranteed!

You can catch the next production of Rural Root Theatre between October 17 and 20, when they



(Above) Rural Root's 2010 production of *The Last Resort*. This year they present *The Morgue The Merrier* and *Grave Matters* from October 17-20

present two "scaary" one-act plays at the Constance Bay Community Centre: *The Morgue the Merrier* by Pat Cook and *Grave Matters* by Peter Stollard. They even have a personal listening system to help with hearing difficulties.

Take your friends, make the drive to Constance Bay, and feel a real connect to community theatre the way it was meant to be. You can order your tickets online through [ruralroot.org](http://ruralroot.org), their vibrant website. This will be an evening you won't want to miss. Watch for Helen and Martin Weeden backstage or even onstage, and thank them for their huge contribution to the entertainment and cultural life in their community. Their dedication shines through everything they do, and the community owes them more than simply audience applause.

News Flash: Rural Root will be entering *Grave Matters* in the Eastern Ontario Drama League Festival on November 10 at the Domino Theatre in Kingston!

— Glenda Jones

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# MVTM Fashion Show

## From Bali to Almonte

On Thursday, November 1 **The White Lilly** presents a Fundraiser Fashion Show with a "Bali Theme" at the Mississippi Valley Textile Museum (MVTM) in Almonte. This is not only a fundraiser for the Museum, but also a very special opportunity for locals to visit South-East Asia by having Bali come to them!

Also participating will be **Saje Wisdom Salon and Spa** in Appleton, as owner Louise Beaulieu demonstrates the latest hair and makeup trends.

The White Lilly will be showing delightfully accessible, affordable and practical clothing by Goddess on the Go. These creations are made exclusively of beech tree fabric, which is transformed into gorgeous designs by Janet Molloy. The White Lilly is Janet's largest customer, and the only one in North America.

Lilly White (owner of The White Lilly) and her staff make it their mission to help women look good because they feel good through their "beauty from the inside out" philosophy. Customers become part of the creative process by providing feedback to Lilly, who works with Janet to create new designs in response to customer requests. Lilly also brings new designs back from

every trip she makes to Bali. Her latest additions include a knee-length jacket that can also double as a coatdress, a long-sleeved empire-waist top, bolero pants cut to floor-length for winter, a chiffon caftan top, chiffon pants (great for holiday dressing), chiffon jackets, a fairy top, and angel tops. Lilly will also soon introduce a line of menswear called "Guys on the Go", beginning with linen shirts and t-shirts.

There will be a great raffle taking place at the fashion show. The prize is over \$1000 worth of clothing, a hair and makeup consultation as well as a massage — all the things you have always wanted to try but never had the time. Raffle tickets are \$10 or three for \$25 and will be available at the show. In the meantime, if you visit and "like" The White Lilly Facebook page, you will receive a gift from Bali the next time you stop in at the store.

The fashion show runs from 7–9PM on November 1 at the MVTM, which is located at 3 Rosamond Street East in Almonte. Tickets are \$25 in advance from The White Lilly, Baker Bob's and the museum in Almonte or Saje Wisdom Salon and Spa in Appleton, or \$30 at the door. Hors d'oeuvres will be provided by Foodies Fine Foods.

### Millworkers' Reunion

On Saturday, October 13, the MVTM is inviting people who worked in the textile mills in the area to a "Millworkers' Reunion." Those who have indirect connections to the mills through a family member, or as a customer or contractor, are also invited to the event. This will be a time to meet former acquaintances, share memories of the millworking days, enjoy some refreshments, and listen to some toe-tapping Celtic and Valley tunes. Those with photos from the days when the mills were active, or in possession of other artifacts relating to the mills, are encouraged to bring them along or let the museum know about them. People will also be able to visit the museum's history exhibit of the textile industry, called "Fabric of a Small Town."



This year's MVTM Fashion Show will feel like a trip to beautiful Bali, without leaving Almonte!

# Smiths Falls Volunteer Fair

Have you ever thought of volunteering for some local organization but weren't quite sure how you could help? Never known just what possibilities were out there? Not sure who to contact?

The Volunteer Fair — to be held Wednesday, October 10, from 1 to 5PM at the Smiths Falls Memorial Community Centre — is your opportunity to get involved. Representatives from over thirty area organizations will be at the arena, looking for different types of volunteers — folks interested in getting involved in everything from search and rescue to

museums, from health organizations to horticultural societies. Drop in. See what volunteering opportunities are available. Sign up if you find an organization you'd like to help.

Volunteering is good for you — both mentally and physically — as well as being good for the community. All these opportunities provide challenges, new people to meet, new skills to learn and a chance to improve the life of our community.

For more information on the Volunteer Fair, contact Nancy Berthiaume at (613)800-1938 or <hambert99@aol.com>.



237 Christian Street was built in 1890; it stands as one of the magnificent examples of architecture in the town of Almonte. The three story brick exterior is accented with ornate brickwork and wood trim. The main house offers a grand foyer, main floor library, formal dining room with intricate wood inlay floor, large kitchen with original tin ceiling, a powder room, a main floor laundry, a large living room with fireplace, and a sunroom complete with hot tub. The second floor features a piano that has been with the house likely since its original owners, and four bedrooms. One of the bedrooms has a decorative fireplace. The master bedroom is divided from the ensuite bathroom by a double sided fireplace. The master also features a walk-in closet. Another family bathroom completes the second floor. The third floor is untouched, full height, and accessed by stairs on the second floor. Both levels feature beautiful wood floors and wonderful architectural details. A large addition was added to the house in the 1970s. It has since been renovated to offer wood floors, a full kitchen, gas fire place, two bedrooms and a full bathroom. A double car garage is attached. The property is secluded behind a tall fence. Eaves have recently been replaced on the addition. Flagstone steps leading to the main porch have been rebuilt, exterior repointing has been done, and electrical and energy saving upgrades have been completed. Although this property has been used primarily as a private residence over the years, it is now zoned C3. There is no official heritage designation so the property is very flexible with regard to future use. Some possible uses under C3 are restaurant, hotel/motel, place of worship, and retail store. Book a showing and let your imagination go with endless future possibilities.



Nestled on just over an acre, in the quiet woods of the Lanark Highlands, this quaint little log and post and beam home awaits a new owner. With one bedroom plus loft and a den, this cozy cottage-style home is perfect for a couple or single owner to enjoy. The wooded lot offers peace and tranquility with a true highlands landscape. Rock outcroppings, mature trees and fantastic garden opportunities run throughout this welcoming land. The home has many upgrades since 2004, including, wiring in 2011, well pump in 2012, and bathroom renovation in 2011. Enjoy summers in the treehouse gazebo and winters cozy by the fire. A short commute to Almonte and a forty-five minute commute to Ottawa. Enjoy as a full time residence or charming weekend retreat.



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# Crown and Pumpkin Studio Tour

## Bigger and Better than Ever

The Crown and Pumpkin Studio Tour celebrates its 16<sup>th</sup> anniversary with a great line-up of 46 artists, 23 of whom are new to the tour. Every Thanksgiving weekend artists and artisans in Mississippi Mills open their studios to visitors to display their latest creative efforts. It's a chance to speak to the artists and learn about their work, and to see the environments that inspire them. Often it is as much about the creative spaces as it is about the work.

The traditional starting point of the tour is **Union Hall**, ten minutes west of Almonte on Wolf Grove Road. Five artists will display their work in this charming rural community hall. Returning artists include potter Ian Paige, glass artists Chris Van Zanten and Janet Potter, and Anita Dworshak, who makes goats' milk soap on her farm in Darling Township. Clément Hoeck, a potter, is a guest artist from west Québec who joins the tour this year.

From Union Hall, it's a five-minute drive back to Concession 3A to the studio of blacksmith **Randy Gill**. Randy's guest is Clare Gallant, who will be offering her handmade soaps. Both are new to the tour this year. From Union Hall it's a short drive to Boland Road and the lovely property of **Laurel Cook**, owner of Culandubh Kennels. Laurel, a painter specializing in animal portraits, will be exhibiting her work along with fellow members of the Almonte & Area Artists Association.

Once back on the Tatlock Road, a short drive will bring you to Clayton and three studios that have been part of the tour since its inception. The first stop is **Woolly Things**, fibre artist Karen Riches' lovely rambling home with a serene view of Clayton Lake. Karen's guests include Donna Chute with her gourmet jams and jellies and two new exhibitors: glass artist Jennifer Kelly and mixed-media artist Christina Lovisa.

Taking a right turn at Clayton General Store, you'll find two studios facing each other on Bellamy Mills Road. **Moondance** features the work of studio jeweller Barbara Mullally and her partner, milliner, quilt maker and sculptor Robert Pauly. Across the road at **Clayton Clay Works**, potter Sietze Praamsma and ceramic artist Saskia Praamsma have separate studios on their lovely treed property. Saskia's work is displayed in their intriguing space built on and incorporating a huge black granite outcrop. Sietze's newly renovated studio has a peaceful view of the wooded area behind.

Continuing up the road, you'll find **Willow Creek Studio**, the home and workspace of painter and art teacher Kaija Savinainen-Mountain. The name says it all: this location inspires Kaija's colourful, impressionistic paintings of flowers and wildlife.

Heading back to Almonte on the Clayton Road, stop at **Brickmoir Studio** and view the photography of new participant Louise Shane. In addition to her photography, Louise is also a photo restorer. From there it's a short jaunt to Blakeney and the studio and **Rowboat B&B** operated by potter Chandler Swain, well known for her highly individualistic work and as organizer of the annual 260 Fingers Pottery Show. Chandler's guest Louis Helbig specializes in aerial photographic images.

Back in Almonte, a cluster of three studios in the area of Hope, Malcolm and Glass Streets offers a glimpse into the work of three artists working in diverse media: **Richard Skrobecki**, potter and ceramic artist; **Ingrid Harris**, doll and costume maker; and **Meredith Kucey-Jones**, jeweller. Each has a unique and interesting workspace hidden away in this area of town with its established homes and treed streets. Skrobecki's stop also features the work of painter Jill McCubbin and wood sculptor Dave Card.

The old Almonte **Flour Mill** at 11 Main Street West is now home to the beautiful studio of artist Sarah Moffat, with a spectacular view of the Mississippi River and the falls. Her guest artist is Trent Wilde, a sculptor working in metal. Just up the street is the **Hamilton Studio**, where watercolourist Linda Hamilton and Sam Hamilton, illustrator, will display their work. Enjoy a reading from the delightful children's book, *Do it, Earl, Do It*, by local writer Monica Blackburn, illustrated by Sam. Readings will be held daily at 11AM and children of all ages are welcome.

**Kehla Design**, a jewellery shop featuring the work of award-winning goldsmith Micheala Wolfert, is located on the corner of Union and Bridge Streets.

Don't miss the chance to see **A&J Woodworks**, Art and Janet Horton's workshop and studio space on Country Street. Visitors can see their highly original take on decorated woodturnings and their exquisitely crafted wood furniture.

### Lunch and Pumpkins

This year's refreshment stop is at the **Almonte Legion** on Bridge Street, where lunch will be served daily from 11AM to 2PM. The Legion will also host the Pumpkin Growing and Decorating Challenge. Come and vote for your favourite pumpkin grown and decorated by members of Almonte's Sparks, Brownies and Beavers. Just across from the Legion is the **Almonte Potters Guild**. Members will be showing their work, and you can get a glimpse into the workings of a pottery studio and learn how you can take a class in this fascinating craft.

Tour dates are Thanksgiving weekend, October 6, 7 and 8, from 10AM to 5PM. Admission to all stops is free. Copies of the tour brochure will be widely available at shops and public locations in the Mississippi Mills and the Ottawa areas. Find further details at <crowndandpumpkin.com> and check out (and Like!) their Facebook page — Crown and Pumpkin Studio Tour — for previews of the work and studios of the tour participants.

For more information about the tour, please call Barbara Mullally at 256-3647 or email her at <barbara.mullally@gmail.com>.



Works by Sarah Moffat (above) will be featured at one of the many stops on this year's Crown and Pumpkin Studio Tour, taking place over the Thanksgiving Weekend

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# What's On In Westport

It never ceases to amaze and delight me that the arts are so alive and vibrant here in our village.

MUSICWestport filled the town with song in August, and the Rideau Valley Art Festival provided terrific eye candy for our walls. The Grist Mill Artist Retreat gets closer to completion every day, with the gallery already open showing great pieces of abstract art along with owner Diane Black's superb ceramic and iron creations.

by Georgia Fennell

A big welcome to Delvalle and David who have moved into town with their arts of pottery and metalsmithing. Artemisia continues to display a varied body of works by a number of local and regional artists. Great shops in Westport offer a wide selection of home décor — some original work as well as work from around the world.

## Fall Colours Studio Tour

This year's Westport and Area Fall Colours Studio Tour is being held again on the Thanksgiving long weekend from 10AM–5PM daily. The artists welcome you to their studios where you will discover an exciting and eclectic range of juried high quality original work. Here's just a sampling of what you might find: magical photographic art, primitive rughooking, felted items, gorgeous comfortable clothing for adults and children, stained, fused and mosaic glass, garden art and furniture made from recycled and salvaged items, unique pottery, folk art carvings, beautiful painted items, silken wood-turned bowls, whimsical dolls, multimedia assemblages and whimsical art, handmade soaps and lotions, luxurious woven items, garden sculptures, wrought iron, acrylics and watercolours, sculpture



Whimsical and wonderful works by Wendo Van Essen (above), Isadora Spielmann (below left) and many others can be found on this year's Fall Colours Studio Tour over the Thanksgiving Weekend

in clay and iron and cast stone, fine jewellery, custom drums, and much more.

Joining the tour for the first time this year will be the studios of Antony Powell, Stefan Duerst, Diane Black and Ingrid Bron, and back as usual are Hooked on the Lake, Enchanted Forest, Dov Vinograd Studio, Burrige Farm Studio, Carol Lee's Studio, Mancino Gallery, Steven Boyd's Stained Glass Studio and Ye Olde Bag Co. That's a total of 35 artist at twelve studios! Be sure to see the works produced by artists at the Paint The Rideau Lakes Plein Air Festival that took place September 30 — they will be on display at Artemisia daily from October 1 to Thanksgiving Monday, from noon to 4PM.

Please contact Loretta Moore for more information about the tour at 273-8347 or <hookedonthelake@kingston.net>, or visit <artatwork.ca/westport\_studiotours>.

## Breakfast With The Arts

For nearly a year now, a lively and incredibly creative group of local artists and friends have been meeting on the last Saturday of every month for a potluck Breakfast With The Arts (BWA). Discussions abound, as well as presentations by our writers, painters, sculptors, musicians, et al. Stories of creative lives are fascinating and enliven all of us. BWA is open to everyone. We each bring a breakfast dish for six to share, with coffee and tea pipin' hot at 7:30AM. For those who need a bit more sleep, the programs begin at 8:30AM and after the presentation we hang about until about 9:30 or 10AM, when some of us have to get to work! Join us. A schedule of presentations will be available soon, or give me a call at Artemisia (273-8775) if you would like to be on the mailing list.

Raku by Johanna Jansen



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## COUNTRY HARVEST MUSIC SHOW

Sunday, October 21st, 2012 - 7pm  
Upper Hall - Carleton Place Arena

Doors open at 5:30pm  
Master of Ceremonies: Charlie Kitts

### FEATURING:

Gail Gavan, The Bowes Brothers, Kathleen Stroud, Henry Norwood and more!

House Band: Brad Scott, Andy Bowes, Wade Foster, Ray Donaldson, Steve Hiscox and Jack Denovan

### TICKETS: \$15 each

Tickets available at:  
Carleton Place Arena  
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Nicholson's, Pakenham  
Mark's Cobbler Shop - 98 Gore St. E., Perth  
Tickets are limited.

Proceeds to the Town Hall  
Auditorium Restoration Fund

For more information contact  
Bob White at 253-5046



Gail Gavan



Bowes Brothers



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**Fall  
 Colours  
 Studio  
 Tour**

Thanksgiving  
 Weekend  
 Sat, Sun & Mon  
**Oct 6 – 8, 2012**  
 10 am - 5 pm

12 Studios  
 34 Artists

Our local artists welcome you to their studios, where you will discover an exciting and eclectic range of juried high quality original work. Indulge in fall's brilliant colours as you tour from studio to studio. Use our map to choose your own starting point and watch for the signs.

[www.artatwork.ca/westport\\_studiotours](http://www.artatwork.ca/westport_studiotours)

# Landmarks of the Mind

## 40<sup>th</sup> Anniversary Show for Sculptor Richard Gill

It was 1972 when Richard Gill put on his first show of pottery at the home studio in Burnstown that he called Fog Run. In those days the invitations were hand drawn and handwritten. The clay was custom-mixed in a large hand-cranked bread dough mixer using rainwater collected in big wooden barrels. The pots were thrown on a kick wheel and baked in a wood-fired kiln — all of which were designed and built by Richard with the passion and exuberant energy of his youth.

The pots were decorated with unique textures and his signature drawings that evoked the distilled essence of civilization and settlements. The locals loved his pots and folks came in droves from miles around to buy them.

When one day a customer commented that they loved his drawings on the pots but had no need for more of the pots themselves, he set out to solve the problem.

He cut a finished wet pot in half, opened it up and put a hanger on the back, fired it and hung it on the wall. When it sold the next day he knew he was on to something, and that's when his work evolved from functional to purely visual. People started asking him if he would mind rendering their homes, farms or cottages in clay, and his skills as a former architect served him well. Now over fifty percent of his work is custom made on commission. Today the invitations are professionally printed, the mailing list has grown and is managed by computer, and the use of email makes things more efficient.

Richard's work has also evolved, with increasing detail and colour through the use of computer operated electric kilns. This landmark 40<sup>th</sup> show will include a wide variety of material that is sure to appeal to many aesthetics and consists of three collections: *Landmarks of the Mind*, *Flora & Femme*, and



From the early days of designing and building his own wood-fired kiln (below) to his 40<sup>th</sup> Anniversary Show (featuring the Moulin Rouge, above), Richard Gill's studio has certainly become a landmark in Burnstown. His show continues there until October 8.

*The French River* (northern Ontario). Highlights of this diverse show include the Moulin Rouge, the stairway to the Paris Opera House, Monte Carlo, Whitehall, London, St Peter's in Rome, Versailles, Santiago de Campostola, Perce Rock, Haida totem poles and St Joseph's Oratory in Montreal, as well as many local landmarks like the Chateau Laurier and the Parliament buildings.

Others are scenes that made a lasting impression on Richard in his youth, such as the Statue of Liberty that he recalls climbing when on a business trip with his father at the age of sixteen, or what was perhaps his very first recollection of Big Ben that this mother pointed out to him at the age of three, indelibly imprinted in his mind.

*Landmarks of the Mind* opened at Bittersweet Gallery in Burnstown on September 28, and continues daily from 11 to 5PM to October 8. For more information, please call 432-5254.

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**Thanksgiving Weekend:**  
 Crown and Pumpkin Studio Tour stop #10 See sculptor Dave Card's new wooden characters. Then head over to the Gallery to see more of his creations.

**Friday October 19**  
 7:30-9:30PM  
**Jennifer Noxon in Concert**  
 With special guests. Intimate seating for 25.  
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[www.peaceofmindcreations.com](http://www.peaceofmindcreations.com)

# Folkus Takes The Chill From Winter

Folkus, Almonte's roots music series, has reached the ripe old age of twelve. Since the beginning, the series has had a goal of presenting the best of Canadian talent to a hometown audience, and this season promises to be splendid. Artistic director Amanda Sears has booked a season full of acoustically-oriented roots music. The energy level should be high, but performers have been chosen to make the most of the acoustic gem that is the Almonte Old Town Hall auditorium. As well as bringing fabulous acts from far away, one of the joys of the Folkus series has been presenting local acts to a welcoming audience, and this year is no exception.

The season opens on November 24 with the hard-driving acoustic fire of **New Country Rehab**. Folkus regulars will recall frontman John Showman's appearances with both the Creaking Tree String Quartet and the Foggy Hogtown Boys. You know you're in for a musical treat, and fiddle heads will rejoice. But New Country Rehab is more than a fiddle show; Showman also provides lead vocals, and is joined by Champagne James Robertson on guitar and banjo, Ben Whiteley on double bass and Roman Tome on drums and backing vocals. Together, they can veer from an all-acoustic wall of sound familiar to fans of Mumford and Sons, to the tenderness of old-timey ballad. New Country Rehab's powerful music is full of love, loss, longing and joy. They will be preceded by local bluegrass act **Huntley Slim**.

You can take away the January chill with **Matthew Barber** on the 26<sup>th</sup> of the month. He recently recorded a country-inflected album, *Songs for the Haunted Hillbilly*, at Ken Friesen's Signal Path Studio in Almonte. Barber is a talented multi-instrumentalist, with a honey-warm voice, and organizers are looking forward to hearing him take advantage of the Town Hall's Steinway grand piano. Special guest **George Birchall** will bring his own brand of "self-aware Canadiana" to a hometown crowd.

The frigid month of February will be blasted away on the 16<sup>th</sup> by a double bill with Winnipeg's **Magnificent Sevens** and local favourite **Brock Zeman**. Claiming that in an era of electronic music, "acoustic music is... a voice for the counter-culture", the Magnificent Sevens stress tight playing and 100% acoustic instruments, and threaten to channel influences from Bill Monroe to Kurt Cobain. They played a sold-out show this summer at the Cedar Hill Schoolhouse, and those lucky enough to hear them are no doubt keen to do so



John Showman and New Country Rehab kick off the Folkus series on November 24

again. If the title for "hardest working man in show business" weren't taken, Brock Zeman, a favoured son of Lanark County, could take it. He has been performing and touring for years, has added producing to his skill set, and now owns his own label. Zeman is known for a rich, dark voice that sounds like it's played every boozecan in the country, but appearances in such an intimate acoustic setting are too rare. It promises to be a special night.

Folkus will mark the end of winter with another great double bill on March 16, with the **Claytones** and **Ariana Gillis**. The Claytones, featuring Kelly Prescott, Adam Puddington, and Anders Drerup, are well known and loved locally; this should be a warm and relaxed evening of roots music. The Claytones have the talent and flexibility to skip from country to the deepest blues — but no matter what, they're always pure gold. Ariana Gillis is an up-and-coming performer from Southern Ontario; gifted with a strong pure voice and songwriting chops, she has been attracting raves from the festival circuit and roots radio.

All concerts are on Saturday evenings at Almonte's Old Town Hall. Show time is 8PM; doors open at 7:30. To ensure you get in to see these four fantastic concerts, make sure to buy your series pass early. They will be available in advance of singles, as of October 1, and are \$88. Purchase by Paypal at <folkusalmonte.ca> or at Mill Street Books in person or by phone at 256-9090. Individual concert tickets will be \$27 per show (\$12 for students), available from November 1 on, at Mill Street Books or at the door on the day of the show. So, to guarantee a seat at concerts that are expected to sell out quickly — and to save \$20 — the series pass is the way to go. So call your friends, mark your calendars, and plan some warm nights out in downtown Almonte during the chilly months!

— Sandy Irvin

## Carp Ridge Natural Health Clinic

Saturday, October 20<sup>th</sup>

1:00PM: "Menopause & Hormone Health" talk by K. Willow, N.D.

2:30PM: tour of the clinic

**Fall Cleansing Workshop,**  
Saturday, October 20, 9:30–noon.  
\$40/person, \$70/couple. Details on our website.

Next Mind-Body Healing Talk:  
Thurs., October 25, 7–8:30PM. \$20 at door.



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## 40th Annual Fall Show of sculpted clay relief

3 collections by

# Richard Gill

Landmarks of the Mind

Flora and Femme

THE FRENCH RIVER

Friday, September 28, 2012

The show continues daily 11AM to 5PM  
through Monday, October 8.  
At other times by appointment

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[www.burnstown.ca/bittersweet](http://www.burnstown.ca/bittersweet)



## The Great Almonte Library Book Sale!

We are doing it again! Our Book Sale this summer was such a success that we are planning another.

**Saturday, November 17  
10AM–2PM**

All proceeds will go towards  
upgrading the accessibility of our library.

We have received a grant from  
the Trillium Foundation and now we need to raise  
matching funds in order to complete this work.

So please support the library and come and enjoy  
some fantastic bargains. There will be a wonderful  
selection of reading for the coming winter evenings.

# From North Crosby to the Big Fish...

## **Sjana: An Exciting New Exhibit at MVTM**

The word "sjana" is Hindi for "to adorn or decorate", and it captures the essence of this colourful collection of work by artist Neera Saibel, who is inspired by themes and materials from Africa and India. Traditional African textiles are tied and accented with beads from West Africa and depict the forms, symbols and traditions of tribes from Ghana, Zimbabwe and Mozambique.

by Miss Cellaneous

Other pieces further develop these concepts by working with materials produced by Indian master craftsmen and feature Indian textiles, sequins and beads. These works portray multicultural themes such as ancient rites of passage, adulthood, warriorhood, weddings, harvests, rhythms and wizardry.



The exhibit opened September 29 at the Mississippi Valley Textile Museum <mvtm.ca> in Almonte and runs until October 27.

## **Art in the Big Fish!**

On Saturday and Sunday, October 6 and 7, the West Carleton Arts Society proudly presents **Expressions of Art**, an exhibit and sale featuring the works of over thirty exceptional local artists. The 22<sup>nd</sup> annual show is held in the spacious Carp Agricultural Hall during the Thanksgiving long weekend — and admission is free.

This is a wonderful family outing where you can view the works of fine artists and artisans as well as emerging new artists. Come admire the works of exquisite watercolourists, inventive abstract painters, spectacular photographers, woodworkers, fabric artists, potters, jewellery makers, and so much more!

What a perfect opportunity to choose that special piece of art for yourself or a loved one.

Some of the artists are participating in an art competition with the theme "Market Place" as inspiration. Come see how this theme is interpreted and vote for your favourite work of art.

If you attended ARTstravagza in August, you will be familiar with the CARP-et project (sponsored



A 'welcome CARP-et' created by people attending the recent ARTstravagza event will be on display at Expressions of Art on October 6 and 7

by art-delivered.ca) where children and adults alike were invited to paint fish and underwater sea life on a long canvas. The plan was that it would become the welcome CARP-et leading people into Expressions of Art. However, the painting turned out to be so full of colour and life that it was decided to change it into a wall banner. It is currently hanging on a long wall in a hallway at the West Carleton Family Health Team clinic. Thanks again WCFHT for your support for the artists of West Carleton. If you have not been to the clinic, you still can see the fishy banner at

Expressions of Art when you visit on Thanksgiving weekend.

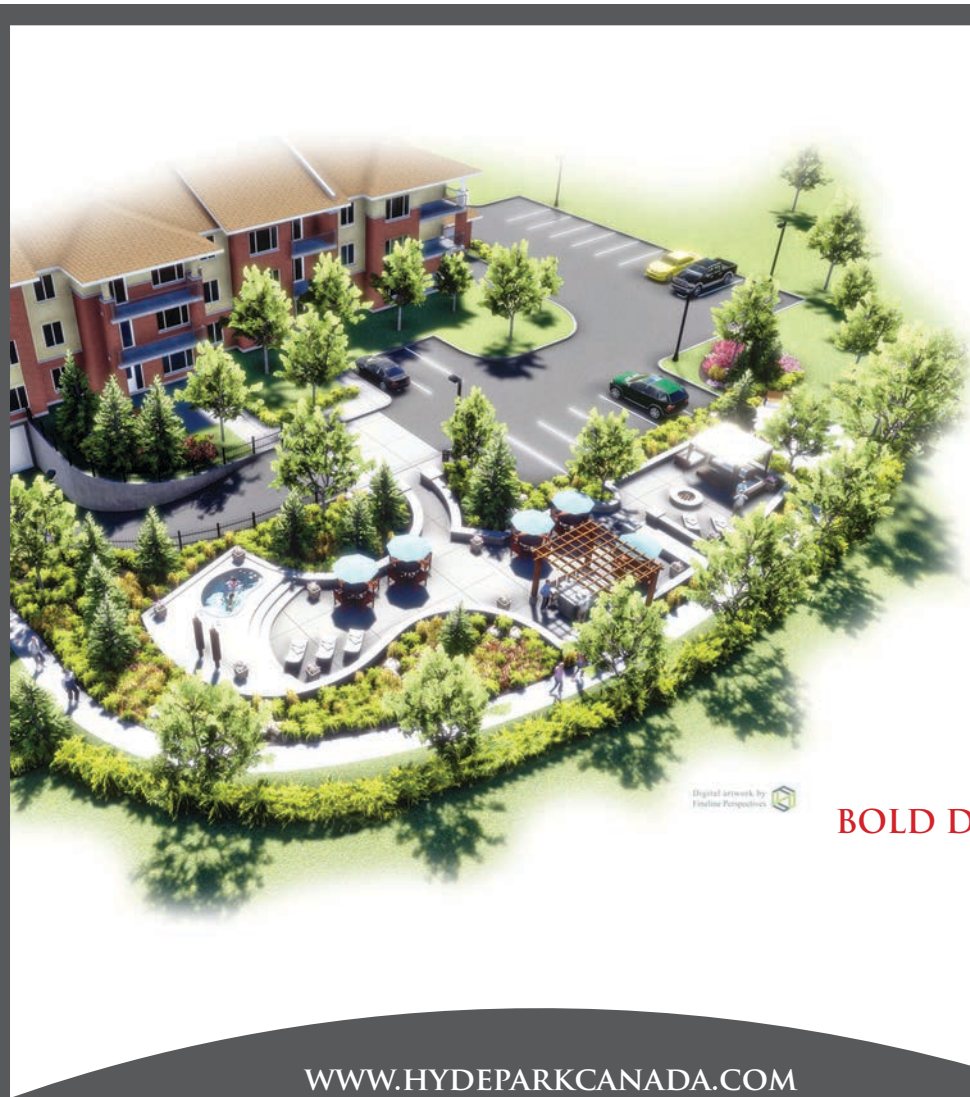
For more information contact Rosy Somerville at 839-1918.

## **North Crosby Hosts 2<sup>nd</sup> Annual Fall Show**

Rideau Lakes Artists' Association (RLAA) is holding its second annual fall show in the wonderful meeting hall at the North Crosby Community Centre, in the heart of the Rideau Canal area. Take a drive out and see the talents of the dynamic group of artists, on Saturday, October 20 from 10AM to 5PM and on Sunday, October 21 from noon to 5PM.

The RLAA is very excited about this show. The North Crosby Community Centre, which is the location of the RLAA's monthly meetings, offers a bright and open venue in which to display the paintings offered by these artists. It is easy to access, with good parking facilities and a shaded picnic area out back. The artists will be available for a meet and greet on Saturday morning, from 10AM to noon, with light refreshments being offered. As usual, admission is free — just come enjoy the artwork and the facilities!

The North Crosby Community Centre is located south of Westport on County Road 10 at 875 8<sup>th</sup> Concession, North Crosby. For more information, call 928-3041 or visit <rideaulakesartists.com>.



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# ... It's Time to "Fall" in Love With Art!

See works by Jack Stekelenburg at Brush Strokes



## New Works at Brush Strokes

Works by Jack Stekelenburg will be featured at Brush Strokes Gallery in Carleton Place for the month of October. There will be a vernissage on Friday, October 12 from 7 to 9PM, during which Marie Brydges will provide live music. Brush Strokes is located at 129 Bridge Street and can be reached at 253-8088.

Hailing from Renfrew, Ontario, Stekelenburg began as a painter but started creating sculptures in 2005. He was inspired while strolling through a garden that had garden art such as metal blue herons. As a result of this inspiration, he took a course in welding and discovered he no longer had an interest in garden art — he found he had the heart and soul of a true abstract artist.

His sculptures possess an elegant and enigmatic quality, and also a silent eloquence. His work is very sophisticated and he incorporates visual, sculptural ideas, such as oppositions of the natural and geometric, stability and mobility, and positive and negative space. His greatest inspirations are Picasso, Pollock and Dali.

Just recently he started to model his work after David Smith, an abstract expressionist sculptor.

Stekelenburg's art is striking, evocative and even haunting; the materials and forms are fragile and strong, seductive and menacing. This is art that is not easily dismissed or forgotten. It rudely shakes our assumption that art equates with beauty, therapy, benevolence, solace, edification and the like. Even if we don't know his history or artistic iconography, or the feelings he is trying to express, we sense it physically. We know that whatever it is, it is not soothing, not innocuous, not the everyday message; we realize that art's job is not only to present beauty, but also truth.

## Seeking Artists

The **Maple Run Studio Tour** is looking for talented artists and craftspeople to join them in the juried show to be held next March 23 and 24. Please contact Ginette at 624-2062 for details on the upcoming meeting in October.

## Christmas in the Valley

Are you looking for gifts with originality, quality and attention to detail? Then forget the big impersonal box stores with their foreign merchandise — have an old fashioned shopping experience at the Christmas in the Valley Artisan Show on Saturday and Sunday, November 3 and 4 from 10AM to 4PM. Over 25 local artisans, crafters and bakers will be showcasing their handmade creations and delicacies, which will surely make for memorable and thoughtful gifts for those on your shopping list... or maybe something for yourself?

The Christmas in the Valley Artisan Show strives to bring in new vendors and old favourites to give you a wide variety of handcrafted items for those special people (and pets) on your shopping list. Realistic wildlife carvings, sun-catching stained and fused glass, rustic pottery in many forms, doggie treats that look good enough to eat, scented soaps and scrubs, maple products and gift baskets, flavoured honey and beeswax candles, silky scarves to dress up a winter coat, jewellery made of wire and fair trade beads, delicious cakes and sweet confections, framed miniature quilts, twinkling glass boxes wrapped in pretty bows, creative floral arrangements to adorn your home, and decorative and useful woodworking items are just some examples of what you will find at this popular Almonte Christmas sale.

This year they are also collecting for the Lanark Animal Welfare Society. A donation of Canadian Tire money, canned dog

or cat food, rolls of paper towels, bleach, dishwashing soap or bungee cords would be of great value and is completely voluntary (admission to the show is free). Or check the LAWS website for other items on their wish list: <lanarkanimals.ca>.

The canteen will be hosted by The Friends of the Mississippi Mills Textile Museum, who will serve tasty snacks, sandwiches and drinks, with the proceeds going towards museum projects. Free admission to the show, plenty of parking, wheelchair accessibility and a fabulous door prize for a lucky winner — you don't want to miss it. So plan to come to the Almonte Community Centre Upper Hall at 182 Bridge Street on November 3 and 4, to begin your Christmas shopping and visit the pretty town of Almonte. More information is available at <valleyartisanshow.blogspot.com> and you can see updates on Facebook.



Mini-quilt by Nadine Sculland

Clayton  
Almonte  
Blakeney  
Mississippi Mills

# CROWN & PUMPKIN

## OCTOBER 6, 7 & 8, 2012

### STUDIO TOUR

We invite you and your family to come and experience this year's **Crown & Pumpkin Studio Tour**. Discover the quality craftsmanship and skill of local artists amidst the vibrant colours that define our Fall season. Free admission.

**Thanksgiving Weekend**  
October 6, 7 & 8  
10AM - 5PM

[www.crownandpumpkin.com](http://www.crownandpumpkin.com)  
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# 8th Annual Maskeraid Parade

SATURDAY, OCTOBER 27<sup>TH</sup>  
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## The Carleton Place BIA would like to invite all ghosts, goblins and witches to come Downtown on the Mississippi for the 8<sup>th</sup> Annual Maskeraid Halloween Parade.

This one-of-a-kind event is sure to be a *BOOTiful* night in Carleton Place. Dozens of ghoulish floats and costumed participants will be marching down Bridge Street on October 27. Beginning at 7PM, the parade will kick off at Heritage Mall on Lansdowne Avenue and travel down the length of Bridge Street ending at Mill Street by the Town Hall. Registration forms are now available for anyone who would like to take part in this spellbinding fall event.

Parents, kids and all interested spectators are encouraged to come to downtown Carleton Place dressed-up in a favourite Halloween costume to watch the Maskeraid Parade haunt on by. Eerie music, clowns, vampires and goblins will “float” down Bridge Street into the dark abyss.

Residents, businesses and visitors are asked to parade for aid in the exclusive-to-Carleton Place event and bring non-perishable food items to support the Lanark County Food Bank.

Members of the BIA, businesses and community groups of Carleton Place and the surrounding area can help make this fall event a ground-



breaking success by submitting a well-decorated float that reflects the fall harvest theme or a Halloween theme.

Brew some extra fun this Halloween through teamwork and build the freakiest float with your neighbourhood. The parade is the perfect opportunity for parents to give their kids a most spooktacular Halloween by hosting a day-long costume party and concluding their festivities at the Maskeraid Parade. Schools, sports teams, community and social groups are also encouraged to showcase their creative side with an elaborate float or by creating a Food Bank challenge.

The BIA is proud to be the Ghostess with the Mostess and looks forward to Meeting everyone Downtown on the Mississippi for this rain-or-shine event.

For more information or to register a float, email [cmcormond@carletonplace.ca](mailto:cmcormond@carletonplace.ca) or contact the BIA office at 257-8049. For more details on the event, to see pictures from last year's parade or to download a registration form, visit [www.downtowncarletonplace.com/MaskeraidHalloweenParade](http://www.downtowncarletonplace.com/MaskeraidHalloweenParade).

- |                 |   |
|-----------------|---|
| October 6       | <b>Harvest Festival</b> , 8AM-12PM at the Carleton Place Farmers' Market < <a href="http://www.cpfm.ca">www.cpfm.ca</a> >   |
| October 13      | <b>PET FEST</b> , in support of the LAWS, 12-5PM on Mill and Bridge Streets < <a href="mailto:events@lanarkanimals.ca">events@lanarkanimals.ca</a> >                  |
| October 19 & 20 | <b>Mississippi Mudds Youth Much Ado About Nothing</b> , in the Town Hall Auditorium < <a href="http://www.mississippimudds.ca">www.mississippimudds.ca</a> >          |
| October 20      | <b>2<sup>nd</sup> Annual Haunted Walk</b> , at the Carambeck Community Centre (257-1704)  |
| October 20      | <b>Lanark County Interval House Retro '80s Benefit Dance</b> , 8PM-1AM at the CP Arena (492-2522)   |
| October 21      | <b>Country Harvest Music Show</b> , 7PM at the CP Arena (253-5046)  |
| October 27      | <b>IODE Harvest Craft Show</b> , 10AM-3PM at the CP Arena (253-2269)  |
| October 27      | <b>The BIA Maskeraid Halloween Parade</b> , 7PM on Lansdowne Ave. and Bridge St. < <a href="http://www.downtowncarletonplace.com">www.downtowncarletonplace.com</a> > |
| October 27      | <b>Halloween Spooktacular Soiree for LAWS</b> , 8PM at the CP Canoe Club  |
| Oct. 29-Nov. 3  | <b>World Broomball Championships</b> , at venues in the Ottawa Valley < <a href="http://www.2012worldbroomball.ca">www.2012worldbroomball.ca</a> >                    |
| November 3      | <b>Annual Women's Fair</b> , fundraiser for Interval House, 10AM-4PM at the CP Arena < <a href="http://www.lcih.org">www.lcih.org</a> >                               |
| November 24     | <b>BIA Santa Claus Parade: "12 Days of Christmas"</b> , from 5PM along Bridge Street  |

### Come Downtown for PET FEST

Kick up your paws for LAWS and help save the Lanark Animal Welfare Society shelter. On Saturday, October 13 from 12-5PM, Mill Street in downtown Carleton Place will host the PET FEST fundraising event. It takes place rain or shine, and features lots of fun for all ages!

Kids will love the “Creature Features” in Moore House (located on Bridge Street at the end of Mill Street). Find out how to “Save the Salamanders” with Matt Ellerbeck from 12-12:45PM, and then catch Little Ray's Reptile Zoo from 1-2PM (tickets to that show are \$2). You can also meet some of the creatures and the folks from LAWS. There will be a LAWS Shop featuring used goods at great prices, and don't miss the Puppy Paws kids' activity booth!

Jack FM's Wayne Cavanagh will be the emcee on the Cavanagh Stage, featuring performances by Running Naked, the Jack Spinks Band, Kurtis Armstrong, Sara Mitchell, Kathleen Stroud, the Balsam Blue Band and Vine Rhymes.

There will also be a spectacular silent auction, a Microbrewery Beerfest at Slackoni's (from 12-5PM), and a Black-Tie White Paws Dinner (beginning at 6:30PM at Slackoni's). For more details, to donate to the silent auction or to register as a vendor, please visit [events@lanarkanimals.ca](mailto:events@lanarkanimals.ca).



### Celebrate the 12 Days of Christmas!

Join us on Saturday, November 24<sup>th</sup> in Carleton Place for a magical night at the BIA Evening Santa Claus Parade, with this year's theme “12 Days of Christmas”.

Thousands of spectators, over one hundred floats, and one jolly St. Nick will congregate in downtown Carleton Place this holiday season for the largest Santa Claus parade in the Ottawa Valley.

Amid a sparkling cascade of Christmas lights and under the dark winter sky, the train of spectacular floats will begin at 5PM at Carambeck School and travel up the town's main thoroughfare, Bridge Street.

'Tis the season for giving, and the parade is an opportune time to get into the Christmas spirit. The Civitan Club will be collecting food for the Lanark County Food Bank and monetary donations for the Christmas Basket Fund.

Parking is free in downtown Carleton Place, where visitors and residents can shop and dine amongst the 150 stores, restaurants and services.

Multiple plaques will be awarded to the most enthusiastic and decorative float designs that are consistent with the theme. At the end of the parade, a group of judges will select 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> of the Best Walking float and the Best Use of Theme float, and there will be awards for the Best Commercial float, Best Small Independent Business and the Best Overall float.

For more information or to register a float, contact the BIA office at 257-8049 or [cmcormond@carletonplace.ca](mailto:cmcormond@carletonplace.ca). It only costs \$10 to register your float but act now, because space is limited! Visit [www.downtowncarletonplace.com/SantaClausParade](http://www.downtowncarletonplace.com/SantaClausParade) for more information about the event, to see pictures from last year's parade, or to download a registration form.





# White Light

White Light offers a variety of services and workshops. Learn how to be grounded and balanced, walk with safety and security, be open to the flow of creativity, be at one with yourself, open to truth and your intuition, and accept divine guidance.

## Archetypes in Business Workshop

Wednesday, November 21, 6–9PM

### The Fate of your Business vs. the Destiny of your Business

What are the most common archetypal influences in business? How can understanding archetypes enhance performance in the business world? Discernment, responsibility and accountability are the keys to business. WhiteLight offers a practical look at patterns of power and how to recognize and understand them through the symbolic language of archetypes. What is the meaning of what is happening to you and your business? What will give you the edge in these uncertain times? What will be the difference between a business that thrives and a business that struggles?



The ability to interpret symbolically and respond, by knowing who you are and what your business is conveying, is the key. Who are you dealing with and what archetypal patterns are they living? What is the key strength of your business? How do you recognize the innate skills of others you want to engage in your business? How do you recognize a King, Knight, Warrior, Servant, Caretaker, Rescuer, Vampire, Magician, Damsel, or Visionary, to name a few. What can this knowledge mean for your business?

No matter what stage your business has reached — whether just starting out, consolidating or moving forward — an archetypal understanding offers a new perspective that is invaluable.

Lilly White, proprietor of WhiteLight and The White Lilly, has extensive previous experience in the business world as a sales manager of The Atlantic Advocate and owner of Mar-Lyn Marketing. She has been taking people on yearly Spiritual Journeys since 2003. Since moving to Almonte in 2006 she has been mentoring individuals, couples and businesses. In 2010, she opened the White Lilly and it has surpassed all expectations. Find out what she is doing right.

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# New Studio for Rising Sun Yoga

On September 17, Rising Sun Yoga opened the fall session in a beautiful new studio in Almonte. For those of you who have taken Rising Sun Yoga classes over the past five years in a classroom or hallway at R. Tait McKenzie school, the Old Town Hall, a basement, or the multi-purpose room at the Almonte Fitness Centre, you know that having a dedicated space to teach and practice yoga in Almonte has long been a dream of co-owners Barb Pierce and Mary Biggs.

Barb and Mary are delighted to have Marlys Symington join them as co-owner in the new studio, and to welcome five other fully certified and committed teachers, all with a keen interest in health and wellness. A recent *Globe and Mail* article highlighted that thirty million people practice yoga in North America, with the number increasing by 20% every year. Rising Sun Yoga feels that opening the studio is the natural transition to help meet this growing demand for yoga.

Open every day of the week, Rising Sun Yoga is pleased to offer several types of yoga classes: Hatha, Kundalini, Yin, Sivananda, Pre-natal, and Meditation, as well as a range of levels, from gentle/beginners to more challenging. Sadhana, a free early morning Kundalini and meditation class, is offered the first Sunday of the month, and a meditation/gong session is offered the third Sunday of the month,

with proceeds going to charity. You can purchase a ten- or twenty-class pass without having to commit to a full session, so you can enjoy the full range of classes and teachers and have more flexibility when planning your schedule. Drop-in and student rates are available.

The new studio is located at 500 Ottawa Street, Unit 2, next to the Almonte Fitness Centre. The bright and inviting space is newly renovated and, in addition to the beautiful practice area, includes a separate washroom, change room and kitchenette. Rising Sun Yoga plans to offer workshops and retreats (such as India in March 2013) and will have space available at the studio for rent. Rising Sun Yoga will continue to support charities and causes, local and abroad.

Please join Barb, Mary and Marlys for Rising Sun Yoga Studio's open house on October 13, from 1 to 4PM. Take a tour of the new studio, participate in a free sample class, or stop in for refreshments and to meet the other teachers. Visit [risingsunyoga.ca](http://risingsunyoga.ca) for details of the open house, the latest schedule, and a description of the classes. Rising Sun Yoga looks forward to serving the community and to bringing health, wellness and balance to all. See you on the mat!

— Patricia Gervais is a writer, editor and Kundalini Yoga teacher thrilled to be teaching and taking classes at Rising Sun Yoga.



(l-r) Marlys Symington, Mary Biggs and Barb Pierce welcome you to the new Rising Sun Yoga studio in Almonte

# Glorys For Choir

On October 14 at 3PM, beautiful St. Peter Celestine Catholic Church in Pakenham will be the setting for the premiere performance of the new a cappella choir, Con Coro, directed by Mervin Fick. Con Coro is a small, experienced, eighteen-voice choir which started life in January 2012. Its members are from the Valley — Almonte, Arnprior, Braeside, Ottawa, Renfrew, Killaloe and Lowe, QC. Con Coro will be joined on the 14<sup>th</sup> by members of Esprit, an award-winning a cappella choir from Toronto, also directed by Mervin Fick. Esprit was founded in 2010 and was awarded first prize at the Peel Music Festival this past April, as well as at the Ontario Music Festivals Association provincials this June. Esprit was also invited to be resident choir

at Les Fêtes de la Nouvelle-France in Quebec City this past August. There, they delighted audiences with early sacred music and French renaissance chansons.

The program planned for St. Peter Celestine will be part of the fundraising efforts for the restoration of the exterior of this lovely old stone church, a long-time favourite venue of performers due to its acoustic excellence.

The two choirs will join together to sing a programme entitled "Glorys for Choir". Featured will be Palestrina's *Missa Aeterna Christi Munera*, a collection of F. Mendelssohn pieces, and an ensemble of Canadian music. Tickets are \$20 (a student discount is offered), and are available at the door.

# Celebrate the Goddess

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The White Lilly has enjoyed one year in business and Saje Wisdom 12 years. To celebrate these special anniversaries there will be a fashion show fundraiser held at the Mississippi Valley Textile Museum. Hors d'oeuvres by Foodies Fine Foods.



The Mississippi Valley Textile Museum is located at 3 Rosamond Street East, Almonte ON K0A 1A0.



# Time for Youth to Show Off Their Talents!

That's right — **My Town's Got Talent** is back for its third year, and looking for the best talent in Lanark County to showcase at the finale in Perth on October 26. Auditions take place the first week of October, with one evening in each town — Mississippi Mills (Almonte) on October 1, Carleton Place on the 2<sup>nd</sup>, Smiths Falls on the 3<sup>rd</sup>, and Perth on the 4<sup>th</sup> — to select the fifteen semi-finalists. At the October 26 finale, the judges, with help of fans in the county (through an online poll), will select the five finalists, and the audience then selects the winner.

"It will be hard to top last year's event," says artistic director Christy Bindhardt, "when, for the first time, we had drummers, a spoken-word slam-poet and a contortionist, in addition to an outstanding group of singers. This year we are going all out, looking for all types of talent — if you can dance, do poetry, drum, do comedy, or are the best entertainer in whatever you do, then we want you out at the auditions!" Details, as well as photos from last year's show (won by Almonte's Impact drumming group), can be found at <mtgt.org>.

"A big change this year will be the location of the finale," says show producer Fraser Scantlebury of the United Way, "which will be at the Mason Theatre of Perth and District Collegiate Institute on Friday, October 26. For the past two years when we were in Almonte, we had fantastic support from the community, great audiences, and our host, Almonte and District High School. In keeping with the county-wide nature of the event, we wanted to allow another community to show how they support the talent we have in our county. We're excited to be going to Perth, and the Mason Theatre at PDCI, where our emcee for the evening will be Brian Perkins from Lake 88.1. He will be joined on stage by Donna Stratton from YAK, the Perth Youth Centre, with a guest appearance by last year's producer/host, and the originator of MTGT, Jeff Gourgon."

A new feature of this year's event will be online voting — fans can vote for their favorite act by donating \$5 online to the United Way Lanark County. These votes will be combined with the

judges' choices in order to select the five finalists, who will then perform once more for the sole purpose of impressing the audience, whose votes determine the winner.

At the finale, audience members will each receive a ballot, with votes being tallied immediately following the top five performances, to determine who brings the title of Best in Lanark County back to their hometown!

In addition to highlighting great local talent, the event also supports the United Way, which in turn supports local youth. All donations at the finale will go towards the United Way's Youth Initiatives in Lanark County, supporting the five youth centre member agencies. "This is an excellent opportunity for the county to see what our youth member agencies do in each town for the young people in their communities," notes Sarah Bridson, executive director of the United Way. "All five — Carleton Place Youth Centre, Lanark Highlands Youth Centre, YAK Youth Centre in Perth, Smiths Falls and District Youth Centre, and Take Young People Seriously (TYPS) Youth Centre in Mississippi Mills — will be helping out at the auditions and at the final show, and will have information available at the finale for audience members to see what the youth centres are doing in their community."

An event such as My Town's Got Talent takes the generous support of sponsors — businesses and individuals from the community that step forward to help out. "The EMC and Metroland Community papers joined us last year as presenting sponsors, and we are pleased to have them back, along with Lake 88.1, who also came on board last year," said Scantlebury. "In addition, the Valley Players of Almonte, who were the originators of the event, are once again a major sponsor, along with the Royal Canadian Legions of Lanark County. We really appreciate the Legions' support of the county's youth." Any organization that wants to join in sponsoring the finale can contact Scantlebury at the United Way at 253-9074.

For more details about the auditions and the finale, visit <mtgt.org> or contact the United Way at 253-9074.



Last year, the Impact drummers were the big winners of My Town's Got Talent.

This year, organizers are inviting area youth to come out for auditions from October 1-4. The finale will be held in Perth on October 26, and all donations from that evening will go towards the United Way's Youth Initiatives in Lanark County.

## Breakfasts and Talent: United Way Fundraisers

This year marks 25 years that United Way Lanark County has been working hard to support the community through their Member Agencies, who reach out to seniors, youth and the disadvantaged in the County. They are about to start their fall fundraising campaign, and are hoping to encourage your support, in a variety of fun ways.

"We are planning a number of events for the campaign, such as **Kick-Off Breakfasts**, that are a chance for us to let local businesses know how important their contributions are to the community, through the support they give through both employee and corporate donations," says Sarah Bridson, executive director of the United Way. Each breakfast will feature brief presentations on the work of the United Way Lanark County, as well as testimonials from some of those who benefit from the help provided by their sixteen Member Agencies. "Hearing from those who are helped," says board chair Johann Ramsaran, "is often the most important and moving portion of these meetings — it allows community members to see who and what their donations support."

A breakfast was already held in Perth on September 24, but you can still catch one of the remaining dates: October 2 in Almonte, October 4 in Smiths Falls, and October 10 (to be confirmed) in Carleton Place.

This year, community members are being urged to become an Everyday Hero. Ramsaran explains: "For just \$1 per day, you can improve lives and make our community stronger — you can be an Everyday Hero! The easiest way to do that is by making payroll donations at your place of work, by going on our website and signing up to be an Everyday Hero, or by calling our office at 253-9074."

In addition to the Breakfasts, the United Way is again holding **My Town's Got Talent** — looking for the best talent in Lanark County, to showcase at the finale in Perth on October 26. Please see the article above to see how you can be part of the auditions, or simply be part of the audience whose votes determine the winner.

For further information on any of the above, please contact the United Way Lanark County office at 253-9074 or via email at <info@lanarkunitedway.com>.

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## Mark Your Calendars – Excitement Ahead

Canadian Federation of University Women – Perth and District (CFUW) is about to launch a new year with a roster of programs and events to whet the interest of everyone.

CFUW is an organization of women promoting quality education; advocating for the advancement of the status of women, human rights and the common good (locally, nationally and internationally); promoting cooperation among women; and encouraging women to apply their knowledge and skills in leadership and decision-making in all aspects of the political, social, cultural, educational and scientific fields. And all in an atmosphere of fun, friendship and cooperation! Membership is open to women who support the goals of CFUW, and have earned a degree or professional designation. More information can be accessed at <cfuw-perth-district.com> or from the membership committee chair at <cfuw.perth.membership@gmail.com>.

Their first general meeting is October 15 at 6:30PM, at the Perth Legion, 26 Beckwith Street East. New members can learn all about CFUW, meet other friendly members, sign up for any of sixteen various interest groups (bridge, hiking, gourmet dinner, advocacy, travel, languages, etc.), and learn about the various community volunteer and fundraising projects undertaken. These projects provide funds for educational awards to women who are furthering their schooling (\$17,500 awarded this spring), and also support literacy initiatives and reading programs in local elementary schools, as well as the Historica Fair. There are many opportunities to volunteer time and talent to CFUW's various projects. One of the main fundraising activities is the **Heritage Perth Christmas House Tour**, to be held this year on December 1 and 2.

But first, the October 15 meeting! The program will be exciting, with well-known local historian Susan Code and Perth's Mayor John Fenik talking about "The Heart of Perth: Past and Future", and also Irene Spence who will describe the important role of Alexander Fraser, from the Perth area, in the War of 1812. Information on future meetings will be publicized in the media and can also be accessed from their website's calendar of events. Meetings are generally held the third Monday of each month, beginning at 6:30PM at the Perth Legion Building.

## Local Mystery Author Launches Novel

Author Sandra Nikolai is planning a book signing for the launch of her mystery novel, *False Impressions*. The event will be held at Equator Coffee Roasters, 451 Ottawa Street in Almonte, on Sunday, October 21, between 2 and 4PM.

*False Impressions* is the first in a mystery series featuring ghostwriter Megan

Scott and investigative reporter Michael Elliott. Set in Montreal, the story is a contemporary whodunnit about a young woman who becomes the prime suspect in her husband's murder investigation.

"The fact that innocent people could spend decades in jail, only to be declared innocent afterward, has long intrigued me," says Sandra. "The reverse is just as baffling — that dangerous criminals can fly under the radar and escape police scrutiny. Since things are not always what they appear to be, I wrote a murder mystery based on that premise and added my own twist to it."

Sandra Nikolai is originally from Montreal, the inspiration for the setting of her novel. She has published a dozen short stories and articles online and in print, and is currently working on *Fatal Whispers*, the second book in the mystery series featuring amateur sleuths Megan Scott and Michael Elliott. She lives in Almonte with her husband and enjoys cooking, especially during the holidays.

The paperback and eBook versions of *False Impressions* are available on Amazon. For more information about Sandra, visit her blog at <sandranikolaiauthor.blogspot.com> or email her at <sandra@sandranikolai.com>.

So come treat yourself to a cup of freshly brewed coffee at Equator on October 21 and chat with the author!



Sandra Nikolai launches her new novel on October 21 in Almonte

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# Trying Not to Let School Get In the Way of a Good Education

I have no doubt that the title of this month's column is going to generate some discussion out there. This is one of my favourite quotes, which I heard a long time ago. I believe that it rings true today more than ever.

by Tony Stuart

Several things have happened over the last year or so that have prompted me to discuss this issue. If you have been following the news, you've probably heard that incidents of teenage depression are on the rise. As a high school teacher, I've witnessed this first hand. There seems to be an awful lot of pressure on young people to be successful, and to know what they want to

do with their lives at an early age. Chances are that every teacher out there knows of at least one student who has been diagnosed with depression.

However, this obsession with being "successful" comes at a price. Entrance requirements for university admission are becoming ridiculous, and students are left feeling that they have to drop everything and focus solely on grades. The first activities that suffer are sports, band, and other extracurricular clubs and groups. In essence, some students are being reduced to "robots" who are simply concerned with what their next grade will be. If some-

thing doesn't help improve their academic standing, then it isn't considered to be valuable. I am very fortunate in that I run a large music program, and most of my students stay in band right through to Grade 12, but I have seen a number of students who have felt like they have no choice but to quit their extra-curriculars. Last week a student came to me in tears saying that because of her course load, she would have to leave band. This is a student who truly enjoys playing, but who is feeling that the pressures and expectations on her leave her with no choice. Coaches I have talked to have reported the same experience.

The sad part is that some incredible life lessons can be learned by playing sports or being in a band. Having the oppor-

tunity to get out from behind a desk and to develop other skills is important. Several parents of children who have been diagnosed with depression have told me that being in band is one of the activities that helps keep their children in school. The friendships that they develop become very important to them.

So, what does it mean to not let school get in the way of a good education? It means taking some time to do things that you enjoy. It means not having a panic attack over a math test that seems so important right now, but isn't really in the grand scheme of things. It means giving yourself the oppor-

tunity to explore and use other parts of your brain. It means having the opportunity to be creative. Some of the greatest educational moments happen outside of the classroom. I'm certainly not saying that school isn't important, because it is. But there is a lot more to life than four classes a day and an all-consuming obsession with grades. When adults think back to our high school experiences, we realize that some of our best memories happened outside of the classroom.

As I mentioned earlier, I have the privilege of overseeing a large and dynamic music program. I know that for certain band students, being in an environment where they feel safe, respected, and valued is just as important as making music. However, when I see a student who feels trapped by pressure that they either put on themselves or that they feel is being forced upon them, it is really disheartening. Well-rounded people make for happy people, in my experience.

While we're on the subject of well-rounded people, I should mention that Almonte In Concert has a "Music Club for Youth". If you visit [almonteinconcert.com](http://almonteinconcert.com), you can find more information about this very worthwhile program.

They say that making music makes you smarter. I believe that it also makes you happier, and in the end, isn't that what we all strive for?

— Tony Stuart is the Music Director at Notre Dame Catholic High School in Carleton Place, Ontario, and a freelance professional musician.

# Calling Young Musicians

Pssst... I'm going to tell you about one of the best kept secrets in Almonte. If you're a young musician who loves to share your music with others, listen up! There's a music club in Almonte looking for dedicated young musicians to perform. And you could be one of them!

**Almonte In Concert Music Club For Youth** was born through an amalgamation with MAC (Mississippi Arts Connection). Suzanne Snelling, the club's founder, decided it was important for young performers to have an opportunity to develop their skills on stage. AIC Music Club has been doing just that for well over ten years, but still, many music teachers and students aren't aware of this valuable resource. New teachers and students in the greater Mississippi Mills area are most welcome to visit the club to see what it's all about.

Music club meetings involve learning key elements of performance, meeting special guests (who demonstrate various instruments), and enjoying excellent snacks and a chance to socialize with other music students. The atmosphere is relaxed and non-competitive. In order to provide the eager performers with a receptive audience, the general public is welcome to attend (for a small donation at the door). Performing members run the gamut of genres and instruments. Vocalists, violinists, pianists, guitarists, cellists — to name just a few — have graced the stage at Almonte's Old Town Hall over the past few years.

For those who wish to join the club, there are nominal registration fees: individuals \$20, families \$30, teachers \$10. The club meets four times a year, on a Sunday. Performances begin at 12:30PM. This year's dates are October 21 (special guests Regan and Rowan Warner, bagpipes), December 2 (special guest Ian Douglas, percussionist), March 3 (special guest Christa Lowry, trumpet) and April 14 (special guest Terry Tufts, guitars).

For information on the club and how to register, please visit [almonteinconcert.com/music-club](http://almonteinconcert.com/music-club) or call 256-5267.



Claire Marchildon and many other young performers find enthusiastic ears at the Almonte in Concert Music Club for Youth

## Drawing Lessons

with Cathy Blake

Tuesdays, Oct. 23–Dec. 11 (8 weeks)

Adults: Complete Beginners, 1–3PM

Children 9–12: Drawing with Pencils and Oil Pastels, 4–5:15PM

Adults: Intermediate, 7–9PM

(perspective, textures, shading techniques with various media)

at the Mississippi Valley Textile Museum  
256-0108 or [catherine.blake7@gmail.com](mailto:catherine.blake7@gmail.com)



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## Young AWARDS

Fostering dynamic arts initiatives in  
the schools of Mississippi Mills.

invites the public to attend their

## Annual General Meeting

November 6, 2012, 7PM

at Foodies Fine Foods  
34 Mill St., Almonte

For more information contact:  
613-256-5081

# Claiming Column

MVTM Fashion Show, Almonte, Nov 1  
 One Act Plays, Perth, Nov 1-4  
 Mudds Murder Mystery, CP, Nov 2-3  
 Women's Fair, Carleton Place, Nov 3  
 Handmade Harvest, Almonte, Nov 3-4  
 Christmas in Valley, Almonte, Nov 3-4  
 Chamber Gala, Almonte, Nov 8  
 MapleLeafUp/MapleLeafDown, Perth, Nov 8-18  
 Violet Femmes Gala, Almonte, Nov 16  
 Blues on the Rideau, Westport, Nov 16-17  
 Valdy, Carleton Place, Nov 23  
 PPAC, Perth, Nov 23  
 Folkus, Almonte, Nov 24  
 Santa Claus Parade, CP, Nov 24  
 Stairwell Carollers, Almonte, Dec 1  
 Aladdin, CP, Nov 30, Dec 1, 2, 7, 8  
 Christmas House Tour, Perth, Dec 1-2  
 Light Up The Night, Almonte, Dec 7  
 Santa Claus Parade, Pakenham, Dec 8  
 Santa Claus Parade, Almonte, Dec 9  
 Kintail Christmas, Almonte, Dec 15  
 Almonte in Concert, Dec 21

# Visual Arts

**Vernissage**, Oct. 5, 6-9PM. Louis Helbig's aerial landscape photography, louiselbig.com. Rowboat B&B, Blakeney. 256-6522.  
**Crown & Pumpkin Studio Tour**, Oct. 6-8, 10AM-5PM. 46 artists. Almonte area. 256-3647, crownandpumpkin.com. Free  
**Expressions of Art**, Oct 6 (8-4), 7 (10-4). Carp Agricultural Hall. 839-1918, www.westcarletonartsociety.ca  
**Fall Colours Studio Tour**, Oct. 6-8, 10AM-5PM. Westport area. 273-8347, artatwork.ca/westport\_studiotours  
**Perth Autumn Studio Tour**, Oct. 6-8, 10AM-5PM. Perth area. 267-5237, perthstudiotour.com. Free  
**Perth Road Open Studios**, Oct. 6-7, 10AM-5PM. Near Perth Rd. Village. 353-1997, debratatesears@gmail.com.  
**Kanata Art Club Meeting**, Oct. 10, 7PM. Watercolour demo. Montessori School, Kanata. 435-3141, kac1.ca. free  
**Vernissage**, Oct. 12, 7-9PM. Works by Jack Stekelenburg. Brush Strokes, CP. 253-8088.  
**Vernissage**, Oct. 12, 5-7PM. Sara Rodger's photography & mixed media. Arnprior Museum, 293-9022, secondnaturestills.ca  
**Almonte Quilters' Guild**, Oct. 15, 7-9PM. Almonte Civitan Hall, 256-5858.  
**Rideau Lakes Art Show & Sale**, Oct 20 (10-5), 21 (12-5). N. Crosby Community Centre. rideaulakesartists.com. Free  
**Lanark Cty Quilters' Guild**, Oct. 23, 7PM. Guests \$3. Perth Lions Hall, 264-9232  
**Arnprior Quilters' Guild**, Oct. 24, 6:30PM. Christian Education Centre, Arnprior. arnpriorquiltersguild.com. \$5; \$20/yr

# Youth

**Auditions - My Town's Got Talent**, Oct 1 (Almonte), Oct 2 (CP), Oct 3 (Smiths Falls), Oct 4 (Perth). Grades 7-12. Register at mtgt.org, 257-9074  
**Beckwith Youth Dance**, Oct. 12, 6-9PM. Brunton Community Hall, Beckwith. 257-1539, twp.beckwith.on.ca. \$3  
**Almonte in Concert Music Club**, Oct. 21, 12:30PM. Youth & special guests perform. Almonte Old Town Hall. 256-5267  
**My Town's Got Talent - Finale**, Oct. 26, 7PM. PDCI, Perth. 257-9074, info@lanarkunitedway.com, mtgt.org.  
**Book Signing & Reading**, Oct. 27, 2PM. *Where Do Witches Go?* Peace of Mind Creations, Heritage Court, Almonte. 461-7662  
**On Stage for Kids**, Oct. 28, 2PM. *Dracula* by Duffiebag Theatre. ADHS, Almonte. 256-4693, onstageforkids.com. \$10

# WHAT'S ON IN

Monday	Tuesday	Wednesday	Thursday
<p><b>1</b></p> <ul style="list-style-type: none"> <li>Auditions - My Town's Got Talent, Almonte</li> <li>Carp Celtic Jam, Carp Masonic Lodge</li> <li>Celebrating Seniors Day, Almonte</li> </ul>	<p><b>2</b></p> <ul style="list-style-type: none"> <li>Auditions - My Town's Got Talent, CP</li> <li>Brock Zeman, O'Reilly's Pub</li> <li>Mississippi Blues Society Jam, The Thirsty Moose</li> <li>United Way Kick-Off Breakfast, Almonte</li> </ul>	<p><b>3</b></p> <ul style="list-style-type: none"> <li>Auditions - My Town's Got Talent, Smiths Falls</li> <li>Lanark County Genealogical Society, Perth</li> <li>Open Celtic Jam, Naismith Pub</li> <li>Open Jam w/Dave Balfour, O'Reilly's Pub</li> </ul>	<p><b>4</b></p> <ul style="list-style-type: none"> <li>Auditions - My Town's Got Talent, Perth</li> <li>Jazz at Bally's, Ballygiblin's</li> <li>Jazz w/Spencer Evans Trio, The Cove Country Inn</li> <li>Open Mic, Love That Barr</li> <li>United Way Kick-Off Breakfast, Smiths Falls</li> </ul>
<p><b>8</b></p> <ul style="list-style-type: none"> <li>Carp Celtic Jam, Carp Masonic Lodge</li> <li>Crown &amp; Pumpkin Studio Tour, Almonte</li> <li>Fall Colours Studio Tour, Westport</li> <li>Perth Autumn Studio Tour, Perth</li> </ul>	<p><b>9</b></p> <ul style="list-style-type: none"> <li>Adult Bereavement Walking Group, CP</li> <li>Brock Zeman, O'Reilly's Pub</li> <li>West Carleton Garden Club, Carp</li> </ul>	<p><b>10</b></p> <ul style="list-style-type: none"> <li>Adult Bereavement Group, Perth</li> <li>The Best Exotic Marigold Hotel, Perth</li> <li>Kanata Art Club Meeting, Kanata</li> <li>Open Celtic Jam, Naismith Pub</li> <li>Open Jam, O'Reilly's Pub</li> <li>Volunteer Fair, Smiths Falls</li> <li>United Way Breakfast, CP</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li>The Best Exotic Marigold Hotel, Smiths Falls</li> <li>Merrickville's Jazz Fest, Merrickville</li> <li>The Trews, Neat Coffee Shop</li> <li>Open Mic, Love That Barr</li> <li>Wait Until Dark, Perth</li> </ul>
<p><b>13</b></p> <ul style="list-style-type: none"> <li>Almonte Quilters' Guild, Almonte</li> <li>Carp Celtic Jam, Carp Masonic Lodge</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li>Ashley MacIsaac, Neat Coffee Shop</li> <li>Brock Zeman, O'Reilly's Pub</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>Ashley MacIsaac, Neat Coffee Shop</li> <li>Open Celtic Jam, Naismith Pub</li> <li>Open Jam, O'Reilly's Pub</li> <li>Perth Historical Society Mtg, Perth</li> <li>Rural Root Theatre's 1-Act Plays, West Carleton</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>Mister Chase!, Perth</li> <li>Open Mic, Love That Barr</li> <li>Rural Root Theatre's 1-Act Plays, West Carleton</li> </ul>
<p><b>22</b></p> <ul style="list-style-type: none"> <li>Hort. Society Meeting, Almonte</li> <li>Carp Celtic Jam, Carp Masonic Lodge</li> <li>The Bright Light Social Hour, Neat</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li>Brock Zeman, O'Reilly's Pub</li> <li>Lanark Quilters' Guild, Perth</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>Arnprior Quilters' Guild, Arnprior</li> <li>Footnote, Perth</li> <li>Open Celtic Jam, Naismith Pub</li> <li>Open Jam, O'Reilly's Pub</li> </ul>	<p><b>25</b></p> <ul style="list-style-type: none"> <li>Mind-Body Healing Talk, Carp</li> <li>Book Launch, Almonte</li> <li>Footnote, Smiths Falls</li> <li>Open Mic, Love That Barr</li> </ul>
<p><b>29</b></p> <ul style="list-style-type: none"> <li>Carp Celtic Jam, Carp Masonic Lodge</li> </ul>	<p><b>30</b></p> <ul style="list-style-type: none"> <li>Brock Zeman, O'Reilly's Pub</li> <li>PFLAG Stittsville, Stittsville</li> </ul>	<p><b>31</b></p> <ul style="list-style-type: none"> <li>Adult Bereavement Group, CP</li> <li>Open Celtic Jam, Naismith Pub</li> <li>Open Jam, O'Reilly's Pub</li> </ul>	<p><b>1</b></p> <ul style="list-style-type: none"> <li>Evening of One Act Plays, Perth</li> <li>MVTM Fashion Show, Almonte</li> <li>Stephanie Beneteau, Neat Coffee Shop</li> <li>Open Mic, Love That Barr</li> </ul>

# Theatre

**The Best Exotic Marigold Hotel**, Oct. 10 (2PM & 7PM) at Full Circle Theatre, Perth; Oct 11 (7PM) at Station Theatre, Smiths Falls. 267-1224, \$10  
**Wait Until Dark**, Oct 11-13, 19-20 at 8PM; Oct 14, 21 at 2PM. \$20 Book Nook; \$22 Tickets Please & door. Students \$10. Studio Theatre, Perth. studiotheatreperth.com.  
**Mister Chase!**, Oct 12, 13, 18-20 at 8PM; Oct 14, 21 at 2PM. BarnDoor Productions. \$20 reserved, \$22 at door; \$10 students. Full Circle Theatre, Perth. 267-1884  
**Rural Root Theatre's 1-Act Plays**, Oct. 17-20, 8PM. \$12 Wed/Thurs, \$15 Fri/Sat from ruralroot.org, 832-1070 or door. Constance Bay Community Centre  
**Much Ado About Nothing**, Oct. 19, 20 at 7PM; Oct 20 at 2PM. Mudds Youth Theatre. Tickets at CP Chamber of Commerce. CP Town Hall. 257-2007. \$10

**Footnote**, Oct. 24 (2pm & 7PM) at Full Circle Theatre, Perth; Oct 25 (7PM) at Station Theatre, Smiths Falls. 267-1224, filmnightperth@gmail.com, \$10  
**Auditions - Studio Theatre**, Oct. 28, 6-10PM. 4 women, 5 men, for 25<sup>th</sup> Annual Putnam County Spelling Bee. St Paul's United Church, Perth. deebates7@gmail.com  
**Spiritual Cinema Circle**, Oct. 28, 2PM. McMartin House, Perth. 267-4819, fp@superaje.com. \$2 donation  
**One Act Plays**, Nov 1-3 (8PM); Nov 4 (2PM). \$20 cash Book Nook, \$22 tickets please. ca/485-6434, \$22 cash at door. Studio Theatre, Perth. studiotheatreperth.com.

**Book Signing**, Oct. 21, 2-4PM. Sandra Nikolai signs mystery novel. Equator, Almonte. sandra@sandranikolai.com  
**Book Launch**, Oct. 25, 7:30pm. *The Stardust Revolution* by Jacob Berkowitz. The Barley Mow, Almonte. jacobberkowitz.com

**Pet Fest Street Party**, Oct. 13, 12-5PM. For LAWS. Mill Street, CP. lanarkanimals.ca.  
**The Brothers Chaffey**, Oct. 13, 8PM. RSVP. Findlay House, 207 High Street, CP. findlayhouseconcerts@gmail.com. \$20  
**White Lake Acoustic Jam**, Oct. 13, 7-10PM. All ages. White Lake Fire Hall, 256-5439. \$5 (members free)  
**Glorys for Choir**, Oct. 14, 3PM. Choral fundraiser for Church Restoration. St. Peter Celestine, 139 Renfrew St., Pakenham. \$20  
**Jennifer Noxon & Friends**, Oct. 19, 7:30PM. Peace of Mind Creations, Heritage Court, Almonte. 461-7662. \$25; \$20 adv  
**Louise Pitre**, Oct. 19, 8PM. PPAC - tickets at Tickets Please, 485-6434. Perth & District Collegiate Institute, 13 Victoria St., Perth  
**Country Harvest Music Show**, Oct. 21, 7PM. Tickets at Graham's Shoes, Nicholson's. CP Arena, 253-5046. \$15  
**Traditional Song Session**, Oct. 21, 2-4PM. The Barley Mow, Almonte. 482-1437

# Music

**Musicians for Mutts**, Oct. 5, 8PM. Benefit for LAWS. \$20 at Baker Bob's, Read's, Courts. Studio Theatre, Perth. lanarkanimals.ca  
**Fall Fling**, Oct. 6, 8PM. Dance & chili fundraiser. Tickets at Shadowfax, Hill General Store. McDonalds Corners Ag. Hall, \$20  
**Spencer Scharf**, Oct. 6, 7PM. Our Place in the 'Prior, Arnprior. 622-7763  
**Merrickville's Jazz Fest**, Oct. 11-14. \$15; weekend passports \$59.95. 1-877-881-8874. merrickvillejazzfest.com.  
**Hospice Hop Fundraiser**, Oct. 13, 7PM. Tickets at Shadowfax, 1-800-518-2729. Perth Civitan Hall, \$25

# Literature

**1<sup>st</sup> Edition Reading Series**, 7PM. Oct. 13 (Ken McGoogan, Laurie Lewis, John McKenty); Oct. 27 (Zack Wells, Cordelia Strube, Heather Birrell & Matthew Tierney). Backbeat, Perth. 466-0663

# OCTOBER 2012

## Friday

## Saturday

## Sunday

<ul style="list-style-type: none"> <li>🎵 Musicians for Mutts, Perth</li> <li>🎵 Steve Barrette Trio, The Swan at Carp</li> <li>🎨 Vernissage, Blakeney</li> </ul>	<ul style="list-style-type: none"> <li>🎵 Chris Murphy, The Cove Country Inn</li> <li>🎨 Crown &amp; Pumpkin Studio Tour, Almonte</li> <li>🎨 Expressions of Art, Carp</li> <li>🎨 Fall Colours Studio Tour, Westport</li> <li>🎵 Fall Fling w/Mumbo Jumbo, McDonalds Crnrs</li> <li>🎵 Oktoberfest w Matthew Barber, O'Reilly's Pub</li> <li>🎨 Perth Autumn Studio Tour, Perth</li> <li>🎨 Perth Road Open Studios</li> <li>🎵 Salsa Tasting, Almonte</li> <li>🎵 Spencer Scharf, Arnprior</li> <li>🍽️ Thanksgiving Dinner at the Miners' Bunkhouse, Perth</li> </ul>	<ul style="list-style-type: none"> <li>🎨 Crown &amp; Pumpkin Studio Tour, Almonte</li> <li>🎨 Expressions of Art, Carp</li> <li>🎨 Fall Colours Studio Tour, Westport</li> <li>🎵 Jazz Brunch, Fiddleheads Bar &amp; Grill</li> <li>🎵 Magnolia Rhythm Kings, The Royal Oak</li> <li>🎨 Perth Autumn Studio Tour, Perth</li> <li>🎨 Perth Road Open Studios, Westport area</li> </ul>
<ul style="list-style-type: none"> <li>👏 Beckwith Youth Dance, Beckwith</li> <li>🎵 Merrickville's Jazz Fest, Merrickville</li> <li>🎵 Mister Chase!, Perth</li> <li>🎵 The Trews, Neat Coffee Shop</li> <li>🎨 Vernissage, Carleton Place</li> <li>🎨 Vernissage, Arnprior</li> <li>🎵 Wait Until Dark, Perth</li> </ul>	<ul style="list-style-type: none"> <li>🎵 Mister Chase!, Perth</li> <li>🎵 Wait Until Dark, Perth</li> <li>🎵 Pet Fest Street Party, CP</li> <li>📖 1st Edition Reading Series, Perth</li> <li>🎨 Arnprior Humane Soc Drive, Arnprior</li> <li>🍽️ Black Tie White Paws Gourmet Dinner, CP</li> <li>🎵 Hospice Hop Fundraiser, Perth</li> <li>🎵 Liam Titcomb, O'Reilly's Pub</li> <li>🎵 Merrickville's Jazz Fest, Merrickville</li> <li>🎨 Millworkers' Reunion, Almonte</li> <li>🍽️ Mom to Mom Sale, Almonte</li> <li>🧘 Rising Sun Yoga Open House, Almonte</li> <li>🎵 The Brothers Chaffey, Carleton Place</li> <li>🎵 White Lake Acoustic Jam, White Lake</li> </ul>	<ul style="list-style-type: none"> <li>🎵 APEX Jazz Band, The Royal Oak</li> <li>🎨 Arnprior Humane Soc Drive, Arnprior</li> <li>🎵 Glories for Choir, Pakenham</li> <li>🎵 Merrickville's Jazz Fest, Merrickville</li> <li>🎵 Mister Chase!, Perth</li> <li>🎵 Open Mic w/Kelly Sloan, Ashton Pub</li> <li>🎨 Special Mass, Almonte</li> <li>🍽️ Valley Singles Lunch, Almonte</li> <li>🎵 Wait Until Dark, Perth</li> </ul>
<ul style="list-style-type: none"> <li>🎨 Almonte Lectures, Almonte</li> <li>🎵 Jennifer Noxon &amp; Friends, Almonte</li> <li>🎨 Live Blood Cell Analysis, Almonte</li> <li>🍽️ Producers Dinner, White Lake</li> <li>🎵 Louise Pitre, Perth</li> <li>🎵 Mister Chase!, Perth</li> <li>🎨 Much Ado About Nothing, Carleton Place</li> <li>🎨 Rural Root Theatre's 1-Act Plays, W. Carleton</li> <li>🎵 Shawn McCullough, The Cove</li> <li>🎵 Steve Barrette Trio, The Swan at Carp</li> <li>🎵 Wait Until Dark, Perth</li> </ul>	<ul style="list-style-type: none"> <li>🎨 '80s Retro Dance Party, Carleton Place</li> <li>🍽️ Annual Roast Beef Dinner, Carleton Place</li> <li>🎨 Archives Lanark Celebrates, Ferguson's Falls</li> <li>🍽️ Fall Tea &amp; Bazaar, Almonte</li> <li>🎨 Food Sensitivity Testing, Almonte</li> <li>🎨 Haunted Walk, Carleton Place</li> <li>🎵 Mister Chase!, Perth</li> <li>🎨 Much Ado About Nothing, Carleton Place</li> <li>🎨 Rideau Lakes Art Show &amp; Sale, North Crosby</li> <li>🎨 Rural Root Theatre's 1-Act Plays, W. Carleton</li> <li>🎵 Wait Until Dark, Perth</li> <li>🗣️ Talk: Menopause &amp; Hormone Health, Carp</li> </ul>	<ul style="list-style-type: none"> <li>🎨 Almonte in Concert Music Club, Almonte</li> <li>📖 Book Signing, Almonte</li> <li>🎨 Country Harvest Music Show, Carleton Place</li> <li>🎨 Nature Reserve Opening, Pakenham</li> <li>🎵 Jazz Brunch, Fiddleheads</li> <li>🎵 Magnolia Rhythm Kings, The Royal Oak</li> <li>🎵 Mister Chase!, Perth</li> <li>🎵 Open Mic w/Kelly Sloan, Ashton Pub</li> <li>🎨 Rideau Lakes Art Show &amp; Sale, North Crosby</li> <li>🎨 The Wooden Sky, Neat Coffee Shop</li> <li>🎨 Traditional Song Session, Almonte</li> <li>🎵 Wait Until Dark, Perth</li> </ul>
<ul style="list-style-type: none"> <li>🎵 Bravura, Almonte</li> <li>🎨 Breakfast with Soul, Almonte</li> <li>🎵 Everything Zen Band, Perth</li> <li>🎵 Janis Joplin Tribute, Smiths Falls</li> <li>🎨 My Town's Got Talent Finale, Perth</li> <li>🎵 Terry Gillespie Band, Westport</li> <li>🎨 Halloween Ball, Perth</li> </ul>	<ul style="list-style-type: none"> <li>📖 1st Edition Reading Series, Perth</li> <li>📖 Book Signing &amp; Reading, Almonte</li> <li>🎨 Breakfast with the Arts, Westport</li> <li>🎨 Harvest Craft Show, Carleton Place</li> <li>🎵 Kevin Head &amp; Miss V, The Cove Country Inn</li> <li>🎵 Lou Reid and Carolina, Carleton Place</li> <li>🎨 Maberly Quarterly Dance, Maberly</li> <li>🎨 Maskeraid Halloween Parade, Carleton Place</li> <li>🎨 Spooktacular Halloween Party, Carleton Place</li> <li>🎨 Tarot Sessions/Henna, Carleton Place</li> <li>🍽️ Union Hall Potluck &amp; Talent Night, Almonte</li> <li>🎨 The Lost Fingers, Neat Coffee Shop</li> </ul>	<ul style="list-style-type: none"> <li>🎵 Almonte Big Band Tea Dance, Almonte</li> <li>🎵 APEX Jazz Band, The Royal Oak</li> <li>🎨 Auditions - Studio Theatre, Perth</li> <li>🎨 Bif Naked, Neat Coffee Shop</li> <li>🎨 On Stage for Kids, Almonte</li> <li>🎵 Open Mic w/Kelly Sloan, Ashton Pub</li> <li>🎨 Spiritual Cinema Circle, Perth</li> </ul>

🎨 **Brush Strokes** presents Jack Stekelenburg <brushstrokesart.ca>  
 🎨 **Kanata Civic Art Gallery** presents "Recollection" <kanatagallery.ca>  
 🎨 **Bittersweet Gallery** presents Richard Gill's fall show to Oct. 8 <burnstown.ca/bittersweet>  
 🎨 **Arnprior and District Museum** presents photography of Sara Rodgers (Oct 13-19)  
 🎨 **Artemisia Gallery** presents works from Paint The Rideau (Oct 1-8) <artemisia@kingston.net>  
 🎨 **fieldwork** presents Alicia Marvan, Sylvia Pendl, Barbara Meneley, Susie Osler <fieldworkproject.com>  
 🎨 **Mill St. Gallery of Contemporary Art** (Almonte) presents Barb Lougheed's *The Inner Universe*  
 🎨 **Ottawa West Arts Assoc Gallery** (Goulbourn Rec Complex) presents local artists <owaa.ca>  
 🎨 **Palms Coffee Shop** presents Jill McCubbin's paintings, Richard Skrobecki's pottery <palmsonline.ca>  
 🎨 The **Mississippi Mills Chambers Gallery** presents the photography of Rod Trider; The **Almonte Library Corridor Gallery** presents Almonte Potters Guild

**Bravura**, Oct. 26, 8PM. \$30; \$15 students at 256-4554, almonteinconcert.com, Mill Street Books, Almonte Old Town Hall  
**Everything Zen Band**, Oct. 26, 8PM-2AM. LAWS Benefit. Tickets at Imperial Perth. Farrell Hall, Perth. 250-9183, lanarkanimals.ca  
**Janis Joplin Tribute**, Oct. 26, Benefit for LAWS. Smiths Falls Civitan Hall. lanarkanimals.ca.  
**Terry Gillespie Band**, Oct. 26, 7PM. Blues on the Rideau. The Cove, Westport. Reserve at 1-888-COVE-INN, \$60+tax  
**Lou Reid and Carolina**, Oct. 27, 7:30PM. N. Carolina bluegrass. Tickets at SRC Music (CP). CP Curling Club. 257-1251. \$30  
**Maberly Quarterly Contra & Square Dance**, Oct. 27, 7:30PM. Maberly Com. Hall, 264-1993. \$10; kids under 6 free  
**Almonte Big Band Tea Dance**, Oct. 28, 1-4PM. Almonte Old Town Hall. 563-7044, sroteadances.org. \$12 at door (cash only)  
**Fiddleheads** (Code's Mill, Perth, 267-1304): Oct. 7, 21 Jazz w/Clay Young Duo, 12-3PM

**The Swan at Carp** (Falldown Lane Carp, 839-7926), jazz, no cover, 7-10PM  
 Oct 5 C. Kennedy, A. Frechette, S. Barrette  
 Oct 19 P. Brown, D. Paterson, S. Barrette  
**The Royal Oak** (329 March Rd. Kanata, 591-3895): jazz on Sun, no cover  
 Oct 7, 21 Magnolia Rhythm Kings, 3-6pm  
 Oct 14, 28 APEX Jazz Band, 2-5pm  
**O'Reilly's Pub** (43 Gore St. E., Perth, 267-7994): 8:30pm. Brock Zeman Tues, Open Jam w/Dave Balfour Wed  
 Oct 6 Oktoberfest dinner/Matthew Barber \$40 dinner/show, \$25 show  
 Oct 13 Liam Titcomb  
**Neat Coffee Shop** (1715 Calabogie Rd., Burnstown, 433-3205): 8pm  
 Oct 11, 12 The Trews, \$65  
 Oct 16, 17 Ashley MacIsaac, \$65  
 Oct 21 The Wooden Sky, \$17  
 Oct 22 The Bright Light Social Hour, \$20  
 Oct 27 The Lost Fingers, \$38  
 Oct 28 Bif Naked, \$45

**Ballygiblin's** (151 Bridge St., Carleton Place, 253-7400), jazz, no cover, 6-9pm  
 Oct 4 Peter Brown, Don Paterson, guests,  
**The Cove** (2 Bedford St., Westport, 273-3636):  
 Oct 4 Last Jazz Night w Jeff Cowan 9-11pm  
 Oct 6 Chris Murphy, 6-9pm  
 Oct 19 Shawn McCullough, 6-9pm  
 Oct 27 Kevin Head & Miss V, 6-9pm  
**The Naismith Pub** (411 Ottawa St., Almonte, 256-6336): Open Celtic Jam Wed, no charge (7:30-10pm)  
**Carp Masonic Lodge** (3704 Carp Rd., Carp): Carp Celtic Jam, \$3/\$25 for 3 mos, all levels, Mon (7-9pm).  
**Ashton Pub** (113 Old Mill Rd., Ashton): Sundays (excl Oct 7), Open Mic w/Kelly Sloan, 2-5pm  
**Thirsty Moose** (20 Bridge St., Carleton Place, 253-0879): no cover  
 Oct 2 Mississippi Blues Jam, 8:30pm

**Love That Barr** (2496 County Rd. 29, Pakenham, 624-2000): Thurs Open Mic (8PM), Fri Live Music (8:30PM)  
**Community**  
**United Way Kick-Off Breakfast**, 7:30-9AM, Oct 2 (Almonte), Oct 4 (Smiths Falls), Oct 10 (CP). 253-9074, info@lanarkunitedway.com. \$5 donation  
**Lanark Cty Genealogical Society**, Oct. 3, 7:30PM. Archives Lanark, 1920 Concession 7, Perth.  
**Thanksgiving Dinner at the Miners' Bunkhouse**, Oct. 6, 5:30PM. Murphys Point Park, Perth. 267-5340, \$55  
**Adult Bereavement Groups**: Oct. 9, 1:30-3:30PM. Starbucks, crnr Hwy 7/McNeely Ave, CP. (Walking Group); Oct. 10, 1-3PM, Lanark Lodge, Perth; Oct. 31, 1:30-3:30PM, Waterside Park, CP. 267-6400. Free

**West Carleton Garden Club**, Oct. 9, 7:30PM. Carp Memorial Hall. wcgarden@gmail.com. \$5 for non-members  
**Smiths Falls Volunteer Fair**, Oct. 10, 1-5PM. SF Memorial Community Centre, 800-1938, hambert99@aol.com.  
**Arnprior Humane Soc. Drive**, Oct. 13-14, 10AM-4PM. Drop off donations at Pet Valu, 3 Arthur St., Arnprior: 623-0916  
**Black Tie White Paws Dinner**, Oct. 13, 6:30PM. 5-Course dinner w wine & auction for LAWS. Slackoni's, CP. 492-1004. \$100  
**Millworkers' Reunion**, Oct. 13, 2-4PM. Former millworkers & representatives invited. Textile Museum, Almonte. mvtm.ca.  
**Mom to Mom Sale**, Oct. 13, 9AM-1PM. New/used baby/kids clothes, toys. Almonte Civitan Hall. 256-0286, \$2/adult  
**Rising Sun Yoga Open House**, Oct. 13, 1-4PM. Free sample class, tour. 500 Ottawa St., Almonte. risingsunyoga.ca.  
**Special Mass**, Oct. 14, 10AM, w/kids games, food. Holy Name of Mary Elementary School, Almonte. st.mary1@bellnet.ca.  
**Valley Singles Lunch**, Oct. 14, 12:30-2:30PM. Register at 256-8117 or 432-7622. Superior Restaurant, 84 Mill St., Almonte.  
**Perth Historical Society Mtg**, Oct. 17, 7:30PM. Matheson House, Perth. 264-0094, perthhs.org. \$2 sug donation  
**Almonte Lectures**, Oct. 19, 7:30PM. Computer security. Almonte United Church, almontelectures.nf.ca.  
**Live Blood Cell Analysis**, Oct. 19, 11AM-6PM; **Food Sensitivity Testing**, Oct. 20, 9AM-6PM. Hands on Healing, Almonte. 256-0222, handsonhealing@on.aibn.com.  
**Producers Dinner**, Oct. 19, 6:30PM. Sustainable fisheries talk & dinner. Castle-garth, White Lake. 623-3472, \$55  
**'80s Retro Dance Party**, Oct. 20, 8PM-1AM. LCIH fundraiser. Tickets at Valley Granite in CP. CP Arena, 492-2522, \$20  
**Annual Roast Beef Dinner**, Oct. 20, 4:30-7PM. Zion-Memorial, CP. 257-2133.  
**Archives Lanark Celebrates**, Oct. 20, 1-4PM. 10th anniv. Ferguson's Falls Community Hall  
**Fall Tea & Bazaar**, Oct. 20, 1-3PM. By St. Mary's Council of the Catholic Women's League. Almonte Civitan Hall, 257-8660.  
**Haunted Walk**, Oct. 20. Carambeck Community Centre, CP. 257-1704.  
**Talk: Menopause & Hormone Health**, Oct. 20, 1PM (free). **Mind-Body Healing Talk**, Oct. 25, 7PM (\$20). Carp Ridge Ecowellness, Carp. 8839-1198. ecowellness.com.  
**High Lonesome Nature Reserve Opening**, Oct. 21, 2PM. Dedication, tour. Pakenham. 278-2939, mmltc.ca.  
**Almonte Hort. Society Meeting**, Oct. 22, 7:30PM. The Edible Landscape. Cornerstone Com. Church, Almonte. 257-7155  
**Breakfast with Soul**, Oct. 26, 8-10AM. The White Lilly, Almonte. lillywhite.ca. Free  
**Halloween Ball**, Oct. 26, 8PM. DJ, costumes optional. Tickets: 1-877-283-1283 or Tickets Please. Perth Civitan Hall. \$20  
**Breakfast with the Arts**, Oct. 27, 7:30AM. Monthly potluck to talk about the arts. The Wordsmith, Westport. 273-3222  
**Harvest Craft Show**, Oct. 27, 10AM-3PM. Arts, crafts, food, emu products, etc. Lunch after 11:30am., CP Arena, 253-2269  
**Maskeraid Halloween Parade**, Oct. 27, 7PM. Supports Lanark Food Bank., Downtown CP. 257-8049  
**Spooktacular Halloween Party**, Oct. 27, 8PM-midnight, Benefit for LAWS. CP Canoe Club, 253-1919, lanarkanimals.ca.  
**Tarot Sessions/Henna**, Oct. 27, 9AM-3PM. LCIH fundraiser. Angels Roost, 2696 7th Line, CP. \$10up henna \$20 tarot  
**Union Hall Potluck & Talent Night**, Oct. 27, 6PM. Donations welcome. Call 256-0025 to perform. Union Hall, Almonte  
**PFLAG Stittsville**, Oct. 30, 7-8:30PM. LGBT youth drop-in too. St. Andrew's Presbyterian Church, Stittsville. 859-0100



Volunteer Deanna Barry and rider Jackson Dalzell, riding Fleur

## Volunteers Needed

The **Lanark County Therapeutic Riding Program** offers specialized riding lessons to children and adults with physical and/or developmental disabilities, throughout Lanark County. The fall riding season is just beginning, and the program is looking for volunteers to assist with the riding lessons in Perth and Almonte. For more information or to volunteer, call 257-7121 x236.

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# The Dating "Game"

If you were to ask me if I am an adventurous person, I would say, "Yes, I definitely am. I love adventure!"

Now my self-assessment is being put to the test. After fifteen years dedicated to education, travel and starting a business, my mid-thirties have arrived and it is time to invest some effort into the search for a partner. The decision made, it's time to take some kind of action, and online dating seems like a good place to start.

Picking the site that reportedly has the highest success rate, I sign up. Of course it is 10:30PM when I make this brave, adventurous decision and I answer what feels like a thousand questions about who I am and what I am looking for in a partner. Finally, I am at 98% completed — just a few more questions to go — and it's only midnight. Then the kicker! All those questions were for the site to match you up — now you have to answer the "in your own words" questions that will become the profile your matches will see.

Twelve questions and an agonizing hour later I had created a profile with answers that were short, dry and boring. An unfortunate representation for a girl who thinks she's adventurous! (In the end it took me a number of days to write an accurate account of "who I am".) Eventually I am finished and think I can finally go to bed. With relief, I hit submit... and it tells me I have 20 new (and perfect, of course) matches to check out. I guess I might as well boil the kettle and make a cup of tea! There is no going to bed now — not when I have so much important reading to do.

Match #1. Cute. Great smile. Loves to travel. Seems funny. Online dating is going to be great! I guess I should jump right in and send him a message. It is after all 1:30AM and everything seems like a good idea. I then spend an hour "crafting" a great email, striking a balance between serious and funny, touching briefly

on our mutual love of travel and our adventurous natures. SEND. Quickly. Before I can re-read it and decide the whopping nine sentences need a complete overhaul. Sadly, he never responds, so maybe it needed that overhaul after all!

Instead of going directly to email, the other option would have been to go through the site's guided communication process, which begins by sending a match five prewritten, multiple choice questions. At the time, with my gung-ho attitude, this seemed like a very passive approach and definitely not my style, which is why I skipped ahead to direct email.

About ten days into what I was beginning to consider more of an emotional science experiment than a serious endeavor to date, I realized that, other than Match #1, I hadn't actually sent any messages. A couple things dawned on me at that point. First, I now get the reason behind the multiple choice questions: it takes ten seconds to send them instead of an hour to write a short email, and when there is no response it matters less because you haven't invested any time or effort. It is merely an expression of interest and now the ball is in play. The second, more important thing is that it is so easy to do nothing. You open a new profile, read the text, look at the photos and move on to the next profile and do the same. It very quickly becomes an overwhelming experience. One day I realize there are 100 matches in my inbox, of which, randomly enough, eight are named Eric and sixteen are some derivative of Christopher. How am I supposed to remember which ones I thought were interesting? You have to open their profile to see which Eric they are, and then you look like a creeper because it tells them you have looked at their profile every day for a week! Something had to change.

I set aside some time and read each profile. There were two op-

tions: send them a message or send them to the archive bin. Things that will get you archived: you have posted ten photos but aren't smiling in any of them, you have posted one-word answers to all twelve questions, you only answered two questions, or your answers are directly copied from the sample answers they give you. A note here: I find the fact they give sample answers to questions I am supposed to be answering about myself very weird. You get archived if you haven't used your real name (I guess Eric may not be your real name but it is a better choice than "L" or "abcde").

Messages sent. Now I just had to wait for their responses. The wait however, was long. Very long. And would take me well into my second month of membership. I now laugh when I click on the "communicating" tab. What a joke. We are not communicating! I messaged you and you ignored me for weeks. That is not communicating — or at least, not my definition of it. After two months, and another birthday (yikes), it is starting to seem a little silly that I still think some of those people I messaged in August might respond. There have been very few new matches coming my way in the last month. Apparently the large pool from the first month has dried to a tiny puddle of people who are just signing onto the site for the first time.

Maybe online dating just isn't for me. I am a people person and find the detached nature of swapping online profiles very difficult. Being ignored by a couple dozen men for weeks on end doesn't seem to bring out my best self. Having struggled to get to the actual "dating" part of online dating, it may be time to wrap up this experience. So with only a few weeks, and little hope, left on my membership, it may be time to move onto the next adventure.

Speed dating anyone?  
— Miss Singleton

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# PCC Presents a Very Special Musical

Every November since 1981, the Perth Community Choir has presented a big-name Broadway musical in the 600-seat auditorium at Perth & District Collegiate Institute. For 2012, the community group is changing its game plan entirely, presenting a musical that originated in Perth, and moving their venue to Perth's newest theatre facility, the Full Circle Theatre.

*MapleLeaf Up/MapleLeaf Down* is a musical revue about Canada in the Second World War. Debuted by Perth Summer Theatre (a professional summer theatre company) in 1989, the show was an immediate critical and audience hit. Since then, it has been given numerous productions across Ontario, in many different forms, but always to great acclaim.

*MapleLeaf Up/MapleLeaf Down* is a multimedia revue that uses music, vignettes, monologues, projections and sound to tell the story of a small nation caught up in huge events. On its debut, *The Ottawa Citizen* called it a "sensitive and moving tribute... an ideal way to make an important era come alive. Beautifully written... lovely original music." Audiences since then have been enthusiastic in their praise for the show's fast-paced, entertaining approach to a very serious subject.

It's a show that can be performed in many different ways, with casts small or large. The Perth Community Choir is bringing the largest cast the show has yet had, along with a seven-piece jazz band. Together they tell the story of Canada's involvement in WWII, from the early days of a country totally unprepared for war, through the depths of defeat at Hong Kong and Dieppe, to the euphoria of final victory. Stage director Ian Jenner and musical director Don MacKay are working with both young and older people to create a unique, constantly moving and surprising production.

The audience will be taken to the skies over Britain, to the battlefields of Europe and onto the decks of corvettes in the North Atlantic, as well as back to the home front to see how the war affected those who remained behind. Tying it all together is a framework of songs that capture the spirit of the time. From *Mademoiselle From Armentieres* to *Has Anyone Seen The Colonel?*, *Lilli Marlene* and *The D-Day Dodgers*, they are mostly the songs of the servicemen, rather than the commercial music of the day. Added in are some original numbers such as *The Bren Gun Boogie* and *The Athabaskan's Finish*, giving a special flavour to the evening.

Working with the show's directors, award-winning author and composer David Jacklin has re-worked the script and music for this production, and even added in some new bits.

Jacklin, the son of a veteran wounded and taken prisoner at the battle of Ortona, sees *MapleLeaf Up/MapleLeaf Down* as a way to pass on and keep alive the events and feelings of that important time, but he's tried to do it in a way that is always exciting and entertaining, while remaining true to the spirit of the times. A Dieppe veteran talked to the author after a performance, saying: "You got it. That's what it was like," while another veteran shook the author's hand and said, referring to a song about the sinking of the HMCS Athabaskan, "You know, I was one of the fellows in the water that night."

*MapleLeaf Up/MapleLeaf Down* is a very special production for the Perth Community Choir, about an important time in Canada's history. It's a story that every Canadian should know and a musical that will keep you entertained while you learn about it.

*MapleLeaf Up/MapleLeaf Down* runs November 8, 9, 10, 15, 16, 17 at 8PM and November 11 and 18 at 2PM. All performances are at the barrier-free Full Circle Theatre, 26 Craig Street in Perth, near Last Duel Park. Tickets are \$22 all inclusive at Tickets Please <ticketsplease.ca>, 39 Foster Street in Perth. Call 485-6434.

## Also At Full Circle

BarnDoor Productions' 18<sup>th</sup> season, and their second at the Full Circle Theatre, will hit the stage at a gallop on October 12 with their new production of Georges Feydeau's howlingly funny *Mister Chase!* It's a crazy, non-stop romp through 1890s Paris, with all of the trimmings of classic farce: illicit affairs, slamming doors, mistaken identities, bloomers and, of course, missing pants at every turn. The show runs October 12, 13, 18, 19, 20 at 8PM and October 14 and 21 at 2PM. Tickets are \$20 reserved, \$22 at the door, and students \$10. Reserve by calling 267-1884 or visiting <barndoorproductions.ca>.

**Film Night International's** second season at FCT happens every second Wednesday at 2PM and 7PM, this year featuring FCT's new wide-screen, high-definition projection system. **2Women Productions** bring their acclaimed story-telling series back to FCT beginning November 3 at 7:30PM with *The Wind and The Moon*, a deliciously erotic night of interwoven stories about men and women.

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### SAMPLING SATURDAYS:

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# Perth Autumn Studio Tour Turns 20

The summer is coming to an end and, much like the farmers in the area, the members of the Perth Autumn Studio Tour (PAST) are beginning to harvest the fruits of their labours as they gear up for this year's event, which takes place on October 6-8 from 10AM-5PM.

It's hard to believe, but PAST is celebrating its 20<sup>th</sup> anniversary this year. Started in 1993 by many of the talented artists and craftspeople based in the Perth-Maberly area, the tour has become a highly anticipated and welcomed component of Thanksgiving weekend. PAST presents an opportunity for the public to visit the diverse, beautiful and creative spaces where these artists work, to talk to them about their process and inspirations, and to purchase some really outstanding, well-made and distinctive work.

Some of the original tour members and studios are still participating today — Dunn Sohn, Franc Van Oort, Glenn Gangnier, Ali Ross and Rita Redner (she is on sabbatical this year) have lent the tour continuity over the years with their wonderful, sought-after turned wood objects, furniture, etchings and pottery. Other members who have moved to the area and whose studios have joined the tour in recent years — Catherine Orfald (paintings), Susie Osler (ceramics), Brent Kirkham (canoes), Anne Chambers (ceramics) and Heather Sherratt (weaving) — contribute further to the breadth and depth of artwork available.

Guests for each studio are selected annually and help to keep the tour fresh and stimulating for everyone, and this year there are six new guests. Works available will range from exquisite photographic prints by The Print Collective of Ottawa, to beautiful acrylic window art by Lynette Chubb, paintings by Wayne Williams and Patrick Mason, blown glass by Paulus Tjiang, and furniture by woodworker Flook D. Doo. For a slight shift in perspective, and for those who might enjoy a bit of "edible art", chocolatier Ludwig Ratzinger will be a special new guest on Sunday, October 7 at Studio 6. Scott Dobson (fences/garden art), Nick Moore (fine furniture) and Gary Barr (paintings) are popular returning guest artists whose work continues to inspire.

A few other special initiatives highlight the community spirit that adds to this tour's unique flavour. The hugely popular **Empty Bowls** (founded by potter and past PAST member Jackie Seaton) returns, but will take a slightly different tack this year. Bowls will be available for purchase at each of the participating potters' studios (Chambers, Gang-



This year's Perth Autumn Studio Tour will feature paintings by Catherine Orfald (above), canoes by Brent Kirkham, and much more

nier, Osler). Proceeds from Empty Bowls will go to food security programs in the Perth area (85%) and to external programs, in Canada or abroad, with ties to Perth.

Explore five new art installations at **fieldwork** — a surprising, volunteer-run public art project now in its fifth year and located in a field across the road from Studio 2.

All the sights and stimulation on this tour can whet the appetite! The hearty and delicious homemade lunch offerings at the Brooke Valley School, at the heart of the tour, are not to be missed — this is a favorite place to pause and refuel midway around the tour. Proceeds from the lunch help support this small independent school.

In celebration of its 20<sup>th</sup> anniversary, the tour has a couple of special events in store. **Gallery Perth** <galleryperth.com> will be hosting an exhibition entitled "Valley Art", featuring the work of many local professional artists. A retrospective of the Perth Autumn Studio Tour will be included in this special show featuring work by current mem-

bers of PAST, as well as a display archiving the past twenty years.

Feeling lucky? Visitors to studios on the tour this year will also have an amazing opportunity to win a \$200 certificate to spend on work by one of the participating artists. Ballots will be available in each studio and the winner will be announced the week after the tour. Visit <perthstudiotour.com> and pick up a brochure (at many locations from Ottawa to Sharbot Lake) for more details about this year's participants, links to their websites, and to download the map.

— Susie Osler



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# Bringing Bluegrass to Carleton Place

When Tom McCann of Ashton heard that **Lou Reid & Carolina** were going to be performing in Canada this fall, he jumped at the opportunity to bring them to Carleton Place. In Tom's opinion, and most bluegrass lovers in the area will likely agree, it is not nearly often enough that we get a chance to host top North American bluegrass acts, and this band is right up there at the top of the list.

Lou Reid & Carolina are based out of Union Grove, North Carolina. The band began in 1992, with its sound largely based in traditional bluegrass roots, and an emphasis on dynamic vocals. The current band is no exception. Lou Reid anchors the group with his lead vocals, and is arguably the most recognizable voice in bluegrass music. He has worked as bassist for Doyle Lawson and Quicksilver, played many instruments and sang back-up with the Ricky Skaggs Band, and was lead singer and guitarist for The Seldom Scene, as well as working with some of top tier

traditional artists along the way — Vince Gill and Vern Gosdin. He also started a band with lifelong friend Terry Baucom: Lou Reid, Terry Baucom and Carolina. After two very successful albums, *Carolina Blue* and *Carolina Moon*, Terry left the band to pursue his own career.

Lou is a consummate professional, a generous bandleader, and an all-around entertainer. His vocal work on his latest album, *Calling Me Back Home*, is a testament to the depth and feeling that have always been the underlying trademarks of his music.

In Lou Reid & Carolina, Lou is joined by Christy Reid, Trevor Watson, and Kevin Richardson. Christy joined in 2002, and married Lou in 2004. She is the bass player for the band, providing lead and tenor vocals and handling most of the emcee work. Trevor Watson came from a musical family and was indoctrinated into the world of bluegrass at an early age. He started playing banjo at age eight when his dad built



Lou Reid and Carolina play the CP Curling Club on October 27

him a small-scale instrument. He is the backbone of the band, always keeping roadtrips lively. Kevin Richardson was a member from 2002 to 2008, holding down the guitarist role along with his fantastic lead and bass singing in the group, and now he's back and strong as ever!

Lou Reid & Carolina will be performing two 45-minute sets at the Carleton Place Curling Club at 120 Patterson Crescent on Saturday, October 27. The doors will open at 7:30 and the show starts at 9PM. Admission is \$30 and tickets are available at Legends Records in Ottawa and at SRC Music (cash only) in Carleton Place. For further

information, you can contact Tom McCann at 257-1251.

## How Do You Spell Fun?

How do you spell "hilarity"? What about "irreverence"? Add to these, "quirky", "outrageous", "unpredictable", and "high octane musical theatre entertainment", and you've got *The 25<sup>th</sup> Annual Putnam County Spelling Bee* — the 2005 hit that won two of the six Tony Awards for which it was nominated.

Perth's Studio Theatre is thrilled to be producing this delightful musical next season! There is already a buzz amongst area performers who are eager to be a part of the recent Broadway sensation that exploits the renewed interest in spelling bees by spotlighting the six final spellers in a regional bee, the winner of which will go to the national finals in Washington, D.C. The twelve-year-olds (who look suspiciously like adults playing twelve-year-olds) are all very bright, somewhat nerdy, understandably anxious and completely endearing in their own original ways. They are looked after at the bee by three equally unique and engaging adults, each of whom has his or her own slightly peculiar issues. Add to that mix a little hilarious audience participation, as well as lots of memorable and energetic music (with a Grammy

win for the original soundtrack), and you've got a non-formulaic recipe for an eccentrically entertaining piece of theatre.

Auditions for *Spelling Bee* will take place at St. Paul's United Church, 25 Gore Street West in Perth, on Sunday, October 28, from 6 to 10PM, with callbacks on the following Monday and Wednesday. If you love to sing, come out and strut your stuff! There are nine performers in the cast — four females and five males — most of whom take on more than one role. Prospective participants are encouraged to check out some of The Bee's many YouTube videos to get a feel for the show. <spellingbeethemusical.com> is the original production's official site and the Tony Awards performance on YouTube provides a terrific introduction to this zany musical comedy. For further information on the show or auditions, please contact <cleebates7@gmail.com> or <jfrommer@bellnet.ca>. *The 25<sup>th</sup> Annual Putnam County Spelling Bee* runs for seven performances, opening February 14 and closing February 24, 2013.

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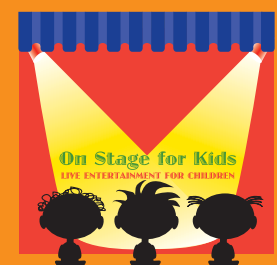
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Sat. Oct. 27 **Kevin Head & Miss V** (vocal/guitar duo) 6-9

Stop and Smell the Chocolate

# What Do You Want?

Have I written this article before? It feels like I have. Because there are some issues that just don't die for me. I mean, there are some ideas that I contemplate for a while, then decide on a course of action, then... *Squirrel!!* (In case you have not seen the film *Up!*, the dog is talking away but then completely loses his train of thought when he sees a squirrel.)

Later — maybe a week, maybe months or years later — I have this “brilliant idea” that feels familiar somehow, and I am excited about it for a while, then...

Well today, for some reason, right in the middle of proofreading a different *Humm* article, this question came shouting in my

they pop back out, lost in the busy-ness of daily life. The mind goes off to schedule work or plan meals or work on getting healthy or *squirrel!!*

We all have dreams, whether we dwell upon them or not. We have images of the home we want, places to travel, foods to eat, things to buy, people to meet... And we have images of where we would like our life to go — successes in relationships, in the workplace, perhaps in hobbies and personal challenges, and of course our body image.

I think it is a good idea to stop and take stock of these images every once in a while, for two reasons. One: perhaps there are some dreams that we planted as children, which are no longer really what we want or need. And two: if these dreams are actually realizable goals (i.e. not to be on the Enterprise one day along with Mr. Spock), then maybe we should get off our butts (and our butts) and follow one or two of them. Because we never know how long we've got. I'm not saying I have regrets, but there are some dreams I would at least like to work towards before I kick the bucket.

Oh! I know what put this in my head! Before I was proofreading that book-signing article, I was reading a blog post by a friend who has decided to pursue one of her long-held dreams: performing stand-up comedy! (No, not me — that is not my dream — I have always preferred sit-down comedy with friends.) So her following her dreams, combined with a Montreal/Almonte mystery writer being published... kazowee: article idea.

My dream for this moment is that someone reads this article and it makes them stop and think for a moment about their dreams. If the dreams are just dreams, ones that you don't intend to pursue and don't believe you will ever reach, then why keep them? Self-torture? But the dreams in there that are keepers, well... maybe it's time to work towards one of them.

And thanks for the reminder, Danielle!



by Rona Fraser

head: *What do you want?! Yes, not only do I have voices in my head, but they shout. And sometimes they sing, like now... Yo, I'll tell you what I want, what I really really want! So, tell me what you want, what you really really want!* (Spice Girls).

It seems to me that my life is a lot of “doing”, interspersed with some vegging (TV) and socializing, with the odd “awake” times, when I suddenly take a breath and contemplate where I am and what I am doing. Kinda like swimming in a lake — you take a look before starting off, then focus on swimming for a while, then take a breather and tread while you look around to see where you are and where you are going (or to recover from some mystery lake-dweller brushing by your leg — *shudder*). You can get way off track while you are focussed on swimming, no matter how straight you feel your path is.

So, I was reading the article about the upcoming book-signing at Equator — woman from Montreal (like me), moved to Almonte (like me), loved Nancy Drew books as a child (I was a Hardy Boys fan), and finally published her first mystery novel (and I have finally returned to finding time to read). Ya, not quite the same. Makes you wonder. Ok, well maybe not, but it makes ME wonder! *Time is passing*. I realize. *So... do you want to write a book? Do you want to open a B&B? Do you want to design and build a house? Do you want to travel? What do you want to do?!* (Again with the yelling.) These ideas are just some of the dreams that dance through my mind now and again and, whether they simply pop in for a minute or whether I spend time designing them,



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# Hurray! It's Time for Handmade Harvest

Almonte's eagerly-awaited nifty craft show is back again on November 3<sup>rd</sup> (from 9-3) and 4<sup>th</sup> (from 10-3). To help you gear up for the holidays, this year's show runs for two days, with different crafters each day. That means a whole weekend of handmade fun!

Organizers report that over 200 vendors applied to participate in the show, so even with the two-day format they couldn't fit them all in. Submissions by each one of the more than 80 participants were carefully juried so as to present high-quality, eclectic offerings each day. You'll find all sorts of handmade accessories, jewellery, textiles, home fashions, bath and body art, edibles, and lots more to choose from. And to further encourage shoppers to spend the weekend in Almonte, a mere \$2 gets



Almonte will abound in handmade goodies on November 3<sup>rd</sup> and 4<sup>th</sup>

you in for both days. Swag bags (and we're talking serious swag here) will be given out to the first 50 shoppers each day. Visit [handmadeharvest.com](http://handmadeharvest.com) for all of the juicy details.

The show will occupy the second and third floors of Almonte's beautiful Old Town Hall, which have elevator access and free parking nearby. It is within easy walking distance of beautiful downtown Almonte (visit [downtownalmonte.ca](http://downtownalmonte.ca) for ideas about where to eat and stay overnight) and of the annual Christmas in the Valley craft show taking place the same weekend at the Community Centre. Grab some friends and hand-make a weekend of it!



# Archives Lanark's Tenth Anniversary

It is hard to believe ten years have passed since a group of volunteers from the Lanark County Genealogical Society opened the doors of the former Drummond Township Office at 1920 Concession 7 Drummond. But it's true, and on Saturday, October 20 at the Ferguson Fall hall from 1-4PM, everyone is invited to celebrate the many achievements since 2002.

Because many Archives Lanark members have a background in family research, there is a huge collection of family histories — many donated by people grateful for the help they received there. Preservation of Women's Institute Tweedmuir Histories, 4-H and Junior Farmer records, as well as those of other local service clubs is also a main focus. Clyde Bell, formerly from Perth and editor of the newspaper in Tweed, left several scrapbooks of his time in Junior Farmers and his work with the early Perth Museum. These have proved valuable lately when Allan Donaldson used them to document the history of the Wilson mineral collection.

Over the past years, the collection has grown so much that a humidity-controlled storage unit has been rented and their dream continues to be to have a facility, accessible to all, that can be climate-controlled, with a full-time paid archivist — maybe in the next ten years!

The most valuable resource remains the volunteers who help visitors find what they're looking for. It is quite common to have someone on duty who has a connection to the family of the visitor, so progress

is much faster than at a facility where you have to do all your own searching.

Visitors often make comments such as "I found out so much more here than at the Ontario or the National Archives," but many don't realize that the facility relies on donations and only receives a grant from Lanark County Council sufficient to cover the office rent.

Irene Spence is the main volunteer, with fewer than ten others keeping the facility open Fridays & Saturdays from 10AM-3PM until Thanksgiving and alternate days in the winter. Check the website for more details: [globalgenealogy.com/archiveslanark](http://globalgenealogy.com/archiveslanark).

The event on October 20 will feature displays that were used back at the 2003 International Plowing Match, WI Tweedmuir Histories, music by "Memory Lane", refreshments and a continuous slideshow of the past ten years. A special feature will be the presentation of a trunk brought over in 1820 by the family of Doug Bell. He also has donated several original documents and will give a short talk on their history.

Lanark Township and North Elmsley Rural Schoolbooks will be for sale and orders will be taken for the next in line: Drummond, Ramsay and Pakenham Townships, as well as for a reprint of the very popular Beckwith book. Stories and photos are still needed for the townships to be produced next, so please check your cupboards and bring your stories (writing them out would be a big help to Irene Spence, Marilyn Snedden and George Stewart).

— Marilyn Snedden

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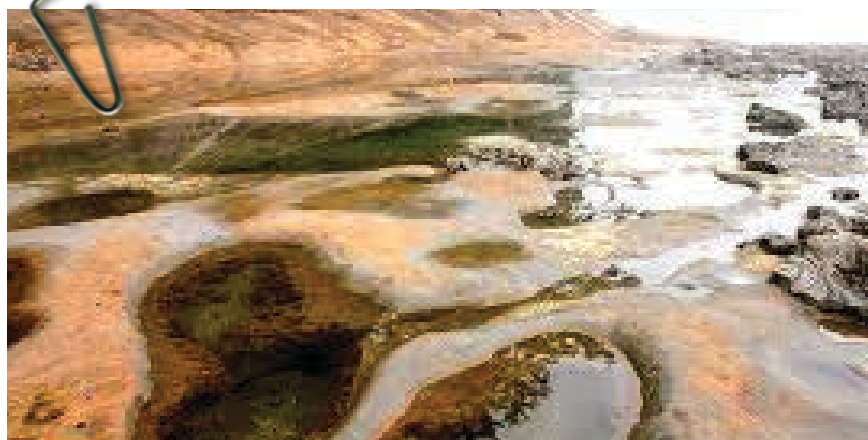
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